

ST. MICHAEL'S EPISCOPAL CHURCH

Centered in our love for Jesus, we worship God, reach out to those in need, celebrate our blessings, and love and care for each other. We are inclusive and welcoming of all God's people. Together, we strive to faithfully meet the challenges of a changing world.

The Fourteenth Sunday after Pentecost August 30, 2026

PRELUDE Andante from Piano Sonata, K. 545 by Mozart

Please stand in body or spirit

OPENING HYMN The Hymnal 1982 - #435 At the Name of Jesus (*Please join us*)



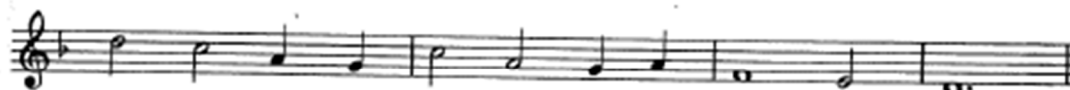
1 At the Name of Je - sus ev - ery knee shall bow,
2 Hum-bled for a sea - son, to re - ceive a Name
3 bore it up tri - um - phant, with its hu - man light,
4 Name him, Chris - tians, name him, with love strong as death,
*5 In your hearts en - throne him; there let him sub - due
*6 Chris-tians, this Lord Je - sus shall re - turn a - gain,



1 ev - ery tongue con - fess him King of glo - ry now;
2 from the lips of sin - ners, un - to whom he came,
3 through all ranks of crea - tures, to the cen - tral height,
4 name with awe and won - der and with bat - ed breath;
5 all that is not ho - ly, all that is not true;
6 with his Fa - ther's glo - ry o'er the earth to reign;



1 'tis the Fa - ther's plea - sure we should call him Lord,
2 faith - ful - ly he bore it spot - less to the last,
3 to the throne of God - head, to the Fa - ther's breast;
4 he is God the Sa - vior, he is Christ the Lord,
5 crown him as your Cap - tain in temp - ta - tion's hour;
6 for all wreaths of em - pire meet up - on his brow,



1 who from the be - gin - ning was the might - y Word.
2 brought it back vic - to - rious, when from death he passed;
3 filled it with the glo - ry of that per - fect rest.
4 ev - er to be wor - shiped, trust - ed, and a - dored.
5 let his will en - fold you in its light and power.
6 and our hearts con - fess him King of glo - ry now.

Words: Caroline Maria Noel (1817-1877), alt.

Music: King's Weston, Ralph Vaughan Williams (1872-1958)

65. 65. D

We ask that you silence any electronics that might make noise during the service.

Celebrant Blessed be God: Father, Son and Holy Spirit.
People **And blessed be his kingdom, now and for ever. Amen.**

Celebrant welcomes the congregation.

Celebrant Together, let us pray.

Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. Amen.

THE HYMN OF PRAISE Wonder, Love & Praise—#829 Laudate Dominum (*Please join us.*)

Lau - da - te Do - mi - num, Lau - da - te Do - mi - num om - nes

1. 2. D.C.

gen - tes, Al - le - lu - ia. Al - le - lu - ia.

Translation: Praise the Lord, all you peoples.

Words: Psalm 117. Music: Jacques Berthier (1923-1994).

THE COLLECT FOR THE DAY

Celebrant The Lord be with you.

People **And also with you.**

Celebrant Let us pray.

Lord of all power and might, the author and giver of all good things: Graft in our hearts the love of your Name; increase in us true religion; nourish us with all goodness; and bring forth in us the fruit of good works; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God for ever and ever. **Amen.**

Please be seated.

CHILDREN & COMMUNITY HOMILY The Rev. Megan Anderson Gartin

THE LESSONS & PSALM

A reading from the book of Exodus (3:1-15)

Moses was keeping the flock of his father-in-law Jethro, the priest of Midian; he led his flock beyond the wilderness, and came to Horeb, the mountain of God. There the angel of the Lord appeared to him in a flame of fire out of a bush; he looked, and the bush was blazing, yet it was not consumed. Then Moses said, "I must turn aside and look at this great sight, and see why the bush is not burned up." When the Lord saw that he had turned aside to see, God called to him out of the bush, "Moses, Moses!" And he said, "Here I am." Then he said, "Come no closer! Remove the sandals from your feet, for the place on which you are standing is holy ground." He said further, "I am the God of your father, the God of Abraham, the God of Isaac, and the God of Jacob." And Moses hid his face, for he was afraid to look at God.

Then the Lord said, "I have observed the misery of my people who are in Egypt; I have heard their cry on account of their taskmasters. Indeed, I know their sufferings, and I have come down to deliver them from the Egyptians, and to bring them up out of that land to a good and broad land, a land flowing with milk and honey,

to the country of the Canaanites, the Hittites, the Amorites, the Perizzites, the Hivites, and the Jebusites. The cry of the Israelites has now come to me; I have also seen how the Egyptians oppress them. So come, I will send you to Pharaoh to bring my people, the Israelites, out of Egypt.”

But Moses said to God, “Who am I that I should go to Pharaoh, and bring the Israelites out of Egypt?” He said, “I will be with you; and this shall be the sign for you that it is I who sent you: when you have brought the people out of Egypt, you shall worship God on this mountain.” But Moses said to God, “If I come to the Israelites and say to them, ‘The God of your ancestors has sent me to you,’ and they ask me, ‘What is his name?’ what shall I say to them?” God said to Moses, “I am who I am.” He said further, “Thus you shall say to the Israelites, ‘I am has sent me to you.’” God also said to Moses, “Thus you shall say to the Israelites, ‘The Lord, the God of your ancestors, the God of Abraham, the God of Isaac, and the God of Jacob, has sent me to you’:

This is my name forever,
and this my title for all generations.

Reader Hear what the Spirit is saying to God’s people.
People **Thanks be to God.**

Please pray Psalm 105:1-6, 23-26, 45c responsively by half-verse.

- 1 Give thanks to the Lord and call upon his Name; *
 make known his deeds among the peoples.
- 2 Sing to him, sing praises to him, *
 and speak of all his marvelous works.
- 3 Glory in his holy Name; *
 let the hearts of those who seek the Lord rejoice.
- 4 Search for the Lord and his strength; *
 continually seek his face.
- 5 Remember the marvels he has done, *
 his wonders and the judgments of his mouth,
- 6 O offspring of Abraham his servant, *
 O children of Jacob his chosen.
- 23 Israel came into Egypt, *
 and Jacob became a sojourner in the land of Ham.
- 24 The Lord made his people exceedingly fruitful; *
 he made them stronger than their enemies;
- 25 Whose heart he turned, so that they hated his people, *
 and dealt unjustly with his servants.
- 26 He sent Moses his servant, *
 and Aaron whom he had chosen.
- 45 Hallelujah!

A reading from the letter of Paul to the Romans (12:9-21)

Let love be genuine; hate what is evil, hold fast to what is good; love one another with mutual affection; outdo one another in showing honor. Do not lag in zeal, be ardent in spirit, serve the Lord. Rejoice in hope, be patient in suffering, persevere in prayer. Contribute to the needs of the saints; extend hospitality to strangers.

Bless those who persecute you; bless and do not curse them. Rejoice with those who rejoice, weep with those who weep. Live in harmony with one another; do not be haughty, but associate with the lowly; do not claim to be wiser than you are. Do not repay anyone evil for evil, but take thought for what is noble in the sight of all. If it is possible, so far as it depends on you, live peaceably with all. Beloved, never avenge yourselves, but leave room for the wrath of God; for it is written, “Vengeance is mine, I will repay, says the Lord.” No, “if your enemies are hungry, feed them; if they are thirsty, give them something to drink; for by doing this you will heap burning coals on their heads.” Do not be overcome by evil, but overcome evil with good.

Reader Hear what the Spirit is saying to God’s people.
People **Thanks be to God.**

GRADUAL HYMN The Hymnal 1982—#631 Book of Books (3rd verse) *Please join us.*

3 Praise we God, who hath in - spired those whose wis - dom still di -

rects us; praise him for the Word made flesh,

for the Spi - rit which pro - tects us. Light of know - ledge,

ev - er burn - ing, shed on us thy death - less learn - ing.

Words: Percy Dearmer (1867-1936). By permission of Oxford University Press. Music: *Liebster Jesu*, melody Johann Rudolph Ahle (1625-1673); alt. *Das grosse Cantional oder Kirchen-Gesangbuch*, 1687; harm. George Herbert Palmer (1846-1926).

PROCLAMATION OF THE GOSPEL Matthew (16:21-28)

Deacon The Holy Gospel of our Lord Jesus Christ, according to Matthew.
People **Glory to you, Lord Christ.**

Jesus began to show his disciples that he must go to Jerusalem and undergo great suffering at the hands of the elders and chief priests and scribes, and be killed, and on the third day be raised. And Peter took him aside and began to rebuke him, saying, “God forbid it, Lord! This must never happen to you.” But he turned and said to Peter, “Get behind me, Satan! You are a stumbling block to me; for you are setting your mind not on divine things but on human things.”

Then Jesus told his disciples, “If any want to become my followers, let them deny themselves and take up their cross and follow me. For those who want to save their life will lose it, and those who lose their life for my sake will find it. For what will it profit them if they gain the whole world but forfeit their life? Or what will they give in return for their life?”

“For the Son of Man is to come with his angels in the glory of his Father, and then he will repay everyone for what has been done. Truly I tell you, there are some standing here who will not taste death before they see the Son of Man coming in his kingdom.”

Deacon The Gospel of the Lord.
People **Praise to you, Lord Christ.**

SERMON The Rev. Rodney Davis

THE NICENE CREED *Please stand in body or spirit.*

**We believe in one God,
the Father, the Almighty,
maker of heaven and earth,
of all that is, seen and unseen.**

**We believe in one Lord, Jesus Christ,
the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God,
begotten, not made,
of one Being with the Father.
Through him all things were made.
For us and for our salvation
he came down from heaven:
by the power of the Holy Spirit
he became incarnate from the Virgin Mary,
and was made man.
For our sake he was crucified under Pontius Pilate;
he suffered death and was buried.
On the third day he rose again
in accordance with the Scriptures;
he ascended into heaven and is
seated at the right hand of the Father.
He will come again in glory to judge the
living and the dead, and his kingdom will have no end.**

**We believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father and the Son.
With the Father and the Son he is worshiped and glorified.
He has spoken through the prophets.
We believe in one holy catholic and apostolic Church.
We acknowledge one baptism
for the forgiveness of sins.
We look for the resurrection of the dead,
and the life of the world to come. Amen.**

PRAYERS OF THE PEOPLE

Deacon Almighty God, you looked upon your people and heard their cries, hear us again and answer us as we pray Lord in your mercy, **hear our prayer.**

Leader Awaken your church that it might boldly proclaim Christ's good news and continue Christ's mission and ministry throughout the world. We especially pray for Archbishop of Canterbury, Sarah Mullally, Sean, our Presiding Bishop, Megan, our Bishop, Megan, Mike, Rod, and Jesse, our clergy. Lord in your mercy, **hear our prayer.**

Guide our nation and those in authority that ours might be a land, not just of promise, but of fulfillment, dignity, and peace. Lord in your mercy, **hear our prayer.**

Open our eyes to all the opportunities to be your voice and your hands in our local communities so that no needs go unmet. We especially pray for Olivia, our interim head of school, for all the staff, teachers and students of St. Michael's Episcopal Day School and Starr King TK-8. Lord in your mercy, **hear our prayer.**

Grant us strength, commitment, and perseverance to meet the challenges of our day and to build a sustainable society rooted in our vision of the kingdom. Lord in your mercy, **hear our prayer.**

Bring healing to all who suffer in body, mind or spirit and mend what is broken or wounded in our lives and in the lives of those we love and care for. Especially we pray for **Mary, Rick, Larry, Diane, John, America, Ramiro, Fred, Ellen, Bill, Carol, Holly, Sara, Kathy, Dan, Jon, Sarah, Jennifer, Michael, Andrea, Chris, Mike and Hunter**. Lord in your mercy, **hear our prayer**.

Embrace the dead in your loving arms, grant peace to all who mourn or grieve, and fulfill your promise to us that we might rise again in your new age. We especially pray for the repose of the soul of Jane Samuelson and for peace and comfort to her family and loved ones. Lord in your mercy, **hear our prayer**.

For what else or whom else shall we pray? (*A time of silence is kept.*) Lord in your mercy, **hear our prayer**.

Celebrant We cannot know your full glory, and yet you have shown us again and again, inviting us into ever-deepening relationship as your people. Continue to lead us and to answer our prayer as may be best for us and always to your glory. Through Christ our Lord who with you and the Holy Spirit stands supreme throughout creation and beyond, now and always. **Amen**.

GENERAL CONFESSION

Deacon Let us confess our sins against God and our neighbor.

**Most merciful God,
we confess that we have sinned against you
in thought, word, and deed,
by what we have done,
and by what we have left undone.
We have not loved you with our whole heart;
we have not loved our neighbors as ourselves.
We are truly sorry and we humbly repent.
For the sake of your Son Jesus Christ,
have mercy on us and forgive us;
that we may delight in your will,
and walk in your ways,
to the glory of your Name. Amen.**

Celebrant Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. **Amen**.

THE PEACE AND OFFERTORY *Please stand in body or spirit.*

Celebrant The peace of Christ be always with you.

People **And also with you.**

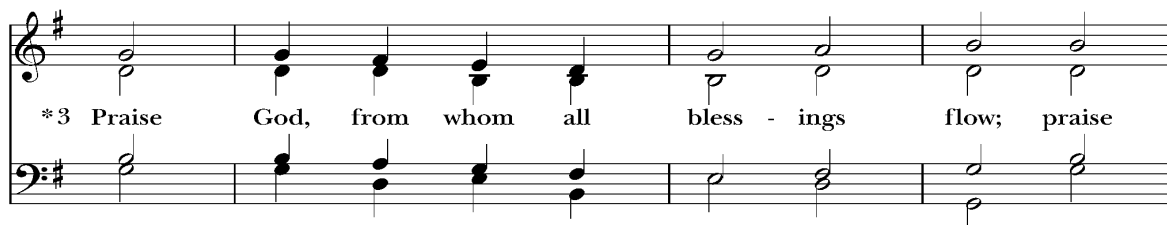
WELCOME, ANNOUNCEMENTS, BLESSINGS

OFFERTORY SENTENCE

Celebrant Walk in love, as Christ loved us and gave himself for us, an offering and sacrifice to God.

OFFERTORY SOLO Bruyeres from *Preludes, Book II* by Debussy

PRESENTATION HYMN The Hymnal 1982—#380 Praise God from Whom All Blessings Flow (*verse 3*)
Please join us.



him, all crea-tures here be - low; praise him a - bove, ye

heaven - ly host: praise Fa - ther, Son, and Ho - ly Ghost.

THE GREAT THANKSGIVING *Please stand in body or spirit.*
Eucharistic Prayer Enriching Our Worship 1

Celebrant The Lord be with you.
People **And also with you.**
Celebrant Lift up your hearts.
People **We lift them to the Lord.**
Celebrant Let us give thanks to the Lord our God.
People **It is right to give our thanks and praise.**

It is truly right, and good and joyful, to give you thanks, all-holy God, source of life and fountain of mercy. You have filled us and all creation with your blessing and fed us with your constant love; you have redeemed us in Jesus Christ and knit us into one body. Through your Spirit you replenish us and call us to fullness of life. Therefore, joining with Angels and Archangels and with the faithful of every generation, we lift our voices with all creation as we sing:

THE SANCTUS The Hymnal 1982—#S125 Holy, holy, holy Lord (*Please join us.*)

Ho - ly, ho - ly, ho - ly Lord, God of pow - er and might,

heaven and earth are full of your glo - ry. Ho -

san - na in the high - est. Ho - san - na in the high - est.

Blessed is he who comes in the name of the Lord. Ho -

san - na in the high - est. Ho - san - na in the high - est.

Music: From *A Community Mass*; Richard Proulx (b. 1937). Copyright © 1971, 1977 GIA Publications, Inc.

Please stand or kneel in body or spirit.

Blessed are you, gracious God, creator of the universe and giver of life. You formed us in your own image and called us to dwell in your infinite love. You gave the world into our care that we might be your faithful stewards and show forth your bountiful grace.

But we failed to honor your image in one another and in ourselves; we would not see your goodness in the world around us; and so we violated your creation, abused one another, and rejected your love. Yet you never ceased to care for us, and prepared the way of salvation for all people.

Through Abraham and Sarah you called us into covenant with you. You delivered us from slavery, sustained us in the wilderness, and raised up prophets to renew your promise of salvation. Then, in the fullness of time, you sent your eternal Word, made mortal flesh in Jesus. Born into the human family, and dwelling among us, he revealed your glory. Giving himself freely to death on the cross, he triumphed over evil, opening the way of freedom and life.

On the night before he died for us, Our Savior Jesus Christ took bread, and when he had given thanks to you, he broke it, and gave it to his friends, and said: "Take, eat: This is my Body which is given for you. Do this for the remembrance of me."

As supper was ending, Jesus took the cup of wine, and when he had given thanks, he gave it to them, and said: "Drink this, all of you: This is my Blood of the new Covenant, which is poured out for you and for all for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore we proclaim the mystery of faith:

Christ has died. Christ is risen. Christ will come again.

Remembering his death and resurrection, we now present to you from your creation this bread and this wine. By your Holy Spirit may they be for us the Body and Blood of our Savior Jesus Christ. Grant that we who share these gifts may be filled with the Holy Spirit and live as Christ's Body in the world. Bring us into the everlasting heritage of your children, that with Michael, your archangel, and all your angels and saints, past, present, and yet to come, we may praise your Name for ever. Through Christ and with Christ and in Christ, in the unity of the Holy Spirit, to you be honor, glory, and praise, for ever and ever. **Amen.**

And now, as our Savior Christ has taught us, we are bold to say,

**Our Father, who art in heaven,
hallowed be thy Name, thy kingdom come,
thy will be done, on earth as it is in heaven.
Give us this day our daily bread,
And forgive us our trespasses,
as we forgive those who trespass against us.
And lead us not into temptation, but deliver us from evil.
For thine is the kingdom, and the power,
and the glory, for ever and ever. Amen.**

THE BREAKING OF BREAD and THE INVITATION

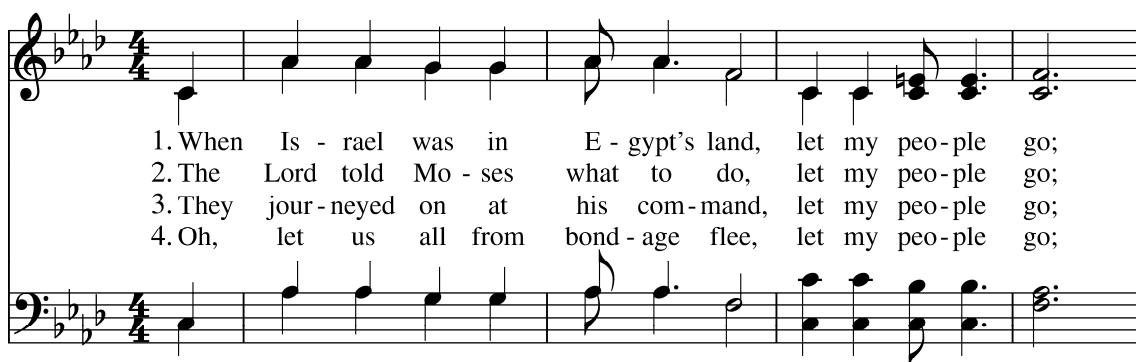
Celebrant Alleluia. Christ our Passover is sacrificed for us;
People **Therefore let us keep the feast. Alleluia.**

INVITATION TO COMMUNION OF THE PEOPLE

All are welcome to receive communion. Communion is offered with gluten free bread, made in a gluten free space, ingredients are listed in the back of the bulletin. The Bread and Wine is offered around of the altar, and grape juice is offered at the back of the altar. Communion will be taken by eating the bread and sipping from the cup. If you do not feel able to sip from the cup please allow it to pass by. We believe that if you have received communion in one kind (bread only) you have received a full communion. Cross your arms over your chest if you wish to receive a blessing in place of consuming. Baptism from any Christian tradition is anticipated for those regularly receiving. Let an usher know if you need to receive at your pew.

This is the table of the Lord. It is made ready for those who want to know and love Christ, all are invited to come and meet Jesus here. The Gifts of God for the people of God.

COMMUNION HYMN LEVAS—#228 Go Down, Moses (*Please join us*)



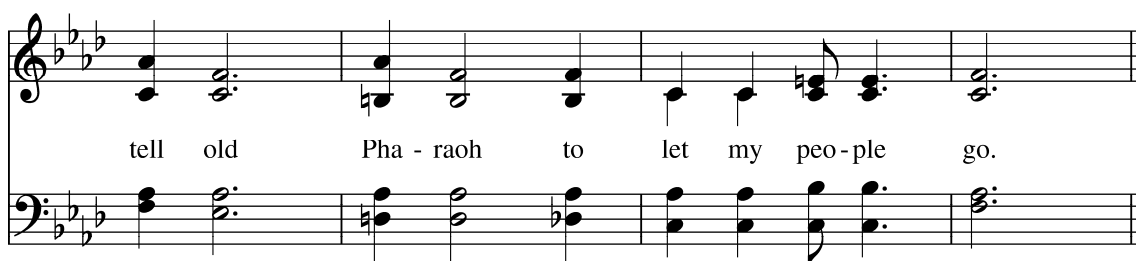
1. When Is - rael was in E - gypt's land, let my peo - ple go;
 2. The Lord told Mo - ses what to do, let my peo - ple go;
 3. They jour - neyed on at his com - mand, let my peo - ple go;
 4. Oh, let us all from bond - age flee, let my peo - ple go;



1. op - pressed so hard they— could not stand, let my peo - ple go.
 2. to lead the chil - dren of Is - rael through, let my peo - ple go.
 3. and come at length to— Ca - naan's land, let my peo - ple go.
 4. and let us all in— Christ be free, let my peo - ple go.



Go down,— Mo - ses, way down in E - gypt's land;—



tell old Pha - raoh to let my peo - ple go.

Words: Traditional. Music: Negro Spiritual; arr. Horace Clarence Boyer (b. 1935). Arr. Copyright © 1992 Horace Clarence Boyer.

POST COMMUNION PRAYER *Please stand or kneel in body or spirit.*

Celebrant Together, let us pray.

Eternal God, heavenly Father, you have graciously accepted us as living members of your Son our Savior Jesus Christ, and you have fed us with spiritual food in the Sacrament of his Body and Blood. Send us now into the world in peace, and grant us strength and courage to love and serve you with gladness and singleness of heart; through Christ our Lord. Amen.

THE BLESSING

The peace of God, which surpasses all understanding, keep your hearts and minds in the knowledge and love of God, and of his Son Jesus Christ our Lord; and the blessing of God Almighty, the Father, the Son, and the Holy Spirit, be amongst you, and remain with you always. **Amen.**

CLOSING HYMN The Hymnal 1982—#675 Take Up Your Cross, the Savior Said (*Please join us.*)

1 Take up your cross, the Sa - vior said, if
 2 Take up your cross, let not its weight fill
 3 Take up your cross, heed not the shame, and
 4 Take up your cross, then, in his strength, and
 5 Take up your cross, and fol - low Christ, nor

1 you would my dis - ci - ple be; take up your cross with
 2 your weak spi - rit with a - larm; his strength shall bear your
 3 let your fool - ish heart be still; the Lord for you ac -
 4 calm - ly ev - ery dan - ger brave: it guides you to a -
 5 think till death to lay it down; for on - ly those who

1 will - ing heart, and hum - bly fol - low af - ter me.
 2 spi - rit up, and brace your heart, and nerve your arm.
 3 cept - ed death up - on a cross, on Cal - vary's hill.
 4 bun - dant life and leads to vic - tory o'er the grave.
 5 bear the cross may hope to wear the glo - rious crown.

Words: Charles William Everest (1814-1877), alt. Music: *Bourbon*, melody att. Freeman Lewis (1780-1859); harm. John Leon Hooker (b. 1944).

Please stand in body or spirit.

Deacon Go in peace to love and serve the Lord.

People **Thanks be to God.**

POSTLUDE Italian Hymn by Flynn

Serving Today

The Rev. Mike Ferrito Celebrant

The Rev. Rodney Davis Preaching

The Rev. Megan Anderson Gartin Deacon & Children's Homily

Tammy Murray, Dianne Robbins & Eileen Thomas Altar Guild

The Acolyte Team

Sue Corbin, Jan Bowdler & Mary Ellen Ferguson Readers

Laura Quené, Harriet Wharton, JC Fisher & Renée Pierce Eucharistic Ministers

Jay Bowdler & Huey Tidwell Ushers

Renée Pierce Greeter

Dr. John Cozza Music Director

Coffee Hour Hosts

The Flowers are given by the Griffin Family

In loving memory of **Kay Griffin** for her birthday (27th) and Hugh & Kay's anniversary (29th)

Announcements

Worship

10am Sunday Morning Worship Eucharist & Choir

5pm Sunday Contemplative Service on Zoom

9am Morning Prayer – Zoom, Monday—Thursday

8:30am Friday Morning Contemplative Eucharist

Children's Space in the Narthex—Please check this out in the Narthex.

Coffee Hour in August While work is being done in the kitchen we will continue to have light refreshments for coffee hour through August with Coffee, Tea and Cookies only. Thank you for your continued support.

Celebration of Life Services

We will be having a Celebration of Life Service for **Lesle Rea on Friday, September 4, 2026** at 4pm at the church with a reception immediately following in the iMast courtyard area.

There will be a Celebration of Life for Jane **Samuelson on Saturday, September 12, 2026** at 11am at the church with a reception immediately following in the Parish Hall.

We will be having a Celebration of Life Service for **Jim Dodds on Saturday, October 17, 2026 at 11am**. More details will follow soon.

St. Michael's Learn & Connect

Town Hall Meeting—Sunday September 13

Join us for our Town Hall meeting during Coffee Hour Sunday September 13th. Rev. Megan and church leaders will be updating us on our strategic goals, and some exciting ideas for the future. We are looking for parishioner input and feedback. New members are strongly encouraged to attend.

St. Michael's Cont. Studies—

Healing Circle - 3rd Saturdays 11am in Friendship Center.

Sacred Circle - Last Wed. of the month 6pm on zoom.

Centering Prayer - Mondays in Friendship Center (or the Sanctuary) at 9:00am & Thursdays on Zoom at 7pm.

Centering Prayer Retreat Day—Saturday, Sept. 26

9:30am—3pm in Friendship Center

The Sacramento Area Chapter of Contemplative Outreach invites you to a day of quiet and renewal. We will practice centering prayer and lectio divina. There will be some teaching, community sharing, visioning. Walk the outside labyrinth during lunch break. Registration: email Chuck or Janice at centercossa@gmail.com

Please bring a bag lunch. Coffee/tea snacks will be provided.—\$25 Suggested Donation

St. Michael's Serves in the Community

Parishioner Guided Grants 2026—Caring for one another & our Community—You are invited to nominate a non-profit organization to receive a grant in 2026. Grant applications are due October 16, 2026 and available online and on Sundays at the usher's desk. For more information contact Terry Bridges.

Rock the Block—West Sacramento

Friday & Saturday, October 9 & 10

St. Michaels will once again join Habitat for Humanity in assisting our West Sacramento neighbors improve their homes and community. Volunteer to be a member of St. Michael's Rock the Block team. As a member of the team, you will help revitalize an underserved community of low-income families, seniors, and Veterans. We will work on a variety of projects such as home repairs, planting community gardens, rebuilding fences, community landscaping/clean-up etc. A Rock the Block workday begins with breakfast at 8:00am and concludes at 3:00pm. To volunteer please see Terry Bridges. Sign up soon, we need to submit our team roster to Habitat for Humanity and have all our volunteers registered by September 15.

Plastic Film Collection

Have you noticed this new addition in Parish Hall by our garbage and recycling bins? St. Michael's is now a collection point for all of your clean plastic film and bags. Please check out the flyer for more details and instructions on what items are taken. Please contact Laura Quené if you have any additional questions.

Regular Outreach opportunities

River City Food Bank Center at St. Matthew's -

Distribution Prep every Tuesday—Friday

& Distribution every Wednesday & Friday

Carmichael HART Carmichael Presbyterian Church -

Lunch program every Thursday & the Shower Ministry every Saturday

God's Helping Hands Laundry at Mega Wash on Fair Oaks Blvd. at El Camino. Volunteers are needed every 3rd Saturday of the month, and donations are appreciated.

***Communion Bread ingredients:** Gluten Free Flour (*Rice Flour, Whole Grain Brown Rice Flour, Sorghum Flour, Tapioca Starch, Potato Starch, Cellulose, Vitamin and Mineral Blend [calcium carbonate, niacinamide (vitamin B3), reduced iron, thiamin hydrochloride (vitamin B1), riboflavin (vitamin B2)], Xanthan Gum, Cellulose Gum.*), Baking Powder, Salt, brown sugar, honey, olive oil, evaporated milk and water. If you have any allergy concerns, contact Rev. Megan.

Additional details on the announcements can be found in this week's Messenger and on our website.

Sunday August 30—The Fourteenth Sunday after

Pentecost

Holy Eucharist 10am with Livestream

Coffee Hour 11:15am Parish Hall

Contemplative Prayer Service 5pm Zoom

Monday August 31

Morning Prayer 9am Zoom

Centering Prayer 9am Friendship Center

Tuesday September 1—SMEDS First Day of School

Morning Prayer 9am Zoom

Staff Meeting 9:30am Zoom

EfM 6pm Friendship Center

Fair Oaks Indivisible Group Meeting 6:30pm Johnstone Hall

Wednesday September 2

Morning Prayer 9am Zoom

Daughters of the King 1:30pm

Thursday September 3

Morning Prayer 9am Zoom

Scholarship Committee Meeting 2pm

Centering Prayer 7pm Zoom

Friday September 4

Contemplative Eucharist Prayer Service 8:30am

Lesle Rea Celebration of Life 4pm

Reception immediately following in front of iMast

Saturday September 5

Men's Breakfast 8am Flapjacks Diner

Sunday September 6—The Fifteenth Sunday after

Pentecost—Labor Day Weekend

Holy Eucharist 10am with Livestream

Coffee Hour 11:15am Parish Hall

Contemplative Prayer Service 5pm Zoom



2140 Mission Ave.

Carmichael, CA. 95608

916.488.3550

Stmichaelscarmichael.org

St.michaels@stmichaelscarmichael.org

CLERGY, STAFF & VOLUNTEERS

The Rt. Rev. Megan Traquair Bishop,
Episcopal Diocese of Northern California

The Rev. Megan Anderson Gartin Rector

The Rev. Rodney Davis Associate Priest

The Rev. Jesse Vaughan Associate Priest

The Rev. Mike Ferrito Associate Priest

Andy Chamness Sexton

John Cozza Music Director

Michelle Falcu Parish Administrator

Jack Cozza Videographer

John Quené Treasurer

Kate Muris Bookkeeper

Diane Rehner-Salisbury, Eileen Thomas, Sue Corbin, Renée Pierce, Mary Ellen Ferguson

Office Volunteers

VESTRY

Greg Dewey Senior Warden

Sue Davis Junior Warden

Elizabeth Dolezal Clerk

Harriette Carr Member

Mary Ellen Ferguson Member

Mary Kessler Member

Rick Larkey Member

Christina Manning Member

Suzanne Phinney Member

John Rojek Member

Todd Stone Member

Holly Yue Member

John Quené Treasurer

Constance Weichert Music Director Emeritus