

# ST. MICHAEL'S EPISCOPAL CHURCH

*Centered in our love for Jesus, we worship God, reach out to those in need, celebrate our blessings, and love and care for each other. We are inclusive and welcoming of all God's people. Together, we strive to faithfully meet the challenges of a changing world.*

## The Fifth Sunday after Epiphany

February 8, 2026

**PRELUDE** Barcarola in gm, Op. 24/x by Sibelius

*Please stand in body or spirit.*

**PROCESSIONAL HYMN** The Hymnal 1982 - #505 O Spirit of Life, O Spirit of God *Please join us.*

1 O Spi - rit of Life, O Spi - rit of God, in  
2 O Spi - rit of Life, O Spi - rit of God, in -  
3 O Spi - rit of Life, O Spi - rit of God, make  
4 O Spi - rit of Life, O Spi - rit of God, en -

ev - ery need thou bring - est aid; thou com - est  
crease our faith in our dear Lord; un - less thy  
us to love thy sa - cred word; the ho - ly  
light - en us by that same word; teach us to

forth from God's great throne, from God, the Fa - ther and the  
grace the power should give, none can be - lieve in Christ and  
flame of love im - part, that char - i - ty may warm each  
know the Fa - ther's love, and his dear Son, who reigns a -

Son; O Spi - rit of Life, O Spi - rit of God.  
live; O Spi - rit of Life, O Spi - rit of God.  
heart; O Spi - rit of Life, O Spi - rit of God.  
bove; O Spi - rit of Life, O Spi - rit of God.

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We ask that you silence any electronics that might make noise during the service.

*Celebrant* Blessed be God: Father, Son, and Holy Spirit.  
*People* **And blessed be his kingdom now and for ever. Amen.**

*Celebrant welcomes the congregation*

*Celebrant* Together, let us pray.

**Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. Amen.**

# **HYMN OF PRAISE** The Hymnal 1982—#390 Praise to the Lord

1 Praise to the Lord, the Al - might - y, the King of cre -

a - tion; O my soul, praise him, for he is thy

health and sal - va - tion: join the great throng, psal - ter - y,

or - gan, and song, sound - ing in glad ad - o - ra - tion.

Words: Joachim Neander (1650-1680); tr. *Hymnal* 1940, alt. Copyright © The Church Pension Fund. Music: *Lobe den Herren*, melody from *Erneuerten Gesangbuch*, 1665; harm. *The Chorale Book for England*, 1863; desc. Craig Sellar Lang (1891-1971). Descant, Copyright © 1953, Novello and Company Limited. Used by permission.

## **THE COLLECT OF THE DAY**

*Celebrant* The Lord be with you.  
*People* **And also with you.**  
*Celebrant* Let us pray.

Set us free, O God, from the bondage of our sins, and give us the liberty of that abundant life which you have made known to us in your Son our Savior Jesus Christ; who lives and reigns with you, in the unity of the Holy Spirit, one God, now and for ever. **Amen.**

*Please be seated.*

**CHILDREN & COMMUNITY HOMILY** The Rev. Katie Holeman

*Children are welcome to follow teachers to the Godly Play classroom for a lesson.*

## THE LESSONS & PSALM

### A reading from the book of Isaiah (58:1-9a)

Shout out, do not hold back!  
Lift up your voice like a trumpet!  
Announce to my people their rebellion,  
to the house of Jacob their sins.  
Yet day after day they seek me  
and delight to know my ways,  
as if they were a nation that practiced righteousness  
and did not forsake the ordinance of their God;  
they ask of me righteous judgments,  
they delight to draw near to God.  
“Why do we fast, but you do not see?  
Why humble ourselves, but you do not notice?”  
Look, you serve your own interest on your fast day,  
and oppress all your workers.  
Look, you fast only to quarrel and to fight  
and to strike with a wicked fist.  
Such fasting as you do today  
will not make your voice heard on high.  
Is such the fast that I choose,  
a day to humble oneself?  
Is it to bow down the head like a bulrush,  
and to lie in sackcloth and ashes?  
Will you call this a fast,  
a day acceptable to the Lord?  
Is not this the fast that I choose:  
to loose the bonds of injustice,  
to undo the thongs of the yoke,  
to let the oppressed go free,  
and to break every yoke?  
Is it not to share your bread with the hungry,  
and bring the homeless poor into your house;  
when you see the naked, to cover them,  
and not to hide yourself from your own kin?  
Then your light shall break forth like the dawn,  
and your healing shall spring up quickly;  
your vindicator shall go before you,  
the glory of the Lord shall be your rear guard.  
Then you shall call, and the Lord will answer;  
you shall cry for help, and he will say, Here I am.

*Reader*            Hear what the Spirit is saying to God’s people.  
*People*            **Thanks be to God.**

Please pray Psalm 112:1-9 responsively by half-verse.

- 1 Hallelujah! Happy are they who fear the Lord \*  
**and have great delight in his commandments!**
- 2 Their descendants will be mighty in the land; \*  
**the generation of the upright will be blessed.**
- 3 Wealth and riches will be in their house, \*  
**and their righteousness will last for ever.**
- 4 Light shines in the darkness for the upright; \*  
**the righteous are merciful and full of compassion.**
- 5 It is good for them to be generous in lending \*  
**and to manage their affairs with justice.**

6 For they will never be shaken; \*

**the righteous will be kept in everlasting remembrance.**

7 They will not be afraid of any evil rumors; \*

**their heart is right; they put their trust in the Lord.**

8 Their heart is established and will not shrink, \*

**until they see their desire upon their enemies.**

9 They have given freely to the poor, \*

**and their righteousness stands fast for ever; they will hold up their head with honor.**

### **A reading from the First letter of Paul to Corinthians (2:1-12)**

When I came to you, brothers and sisters, I did not come proclaiming the mystery of God to you in lofty words or wisdom. For I decided to know nothing among you except Jesus Christ, and him crucified. And I came to you in weakness and in fear and in much trembling. My speech and my proclamation were not with plausible words of wisdom, but with a demonstration of the Spirit and of power, so that your faith might rest not on human wisdom but on the power of God.

Yet among the mature we do speak wisdom, though it is not a wisdom of this age or of the rulers of this age, who are doomed to perish. But we speak God's wisdom, secret and hidden, which God decreed before the ages for our glory. None of the rulers of this age understood this; for if they had, they would not have crucified the Lord of glory. But, as it is written,

“What no eye has seen, nor ear heard,  
nor the human heart conceived,  
what God has prepared for those who love him”—

these things God has revealed to us through the Spirit; for the Spirit searches everything, even the depths of God. For what human being knows what is truly human except the human spirit that is within? So also no one comprehends what is truly God's except the Spirit of God. Now we have received not the spirit of the world, but the Spirit that is from God, so that we may understand the gifts bestowed on us by God.

*Reader* Hear what the Spirit is saying to God's people.

*People* **Thanks be to God.**

### **GRADUAL HYMN Celtic Alleluia (Repeat 3 times) Please join us.**



### **PROCLAMATION OF THE GOSPEL Matthew (5:13-20) Please stand in body or spirit.**

*Deacon* The Holy Gospel of our Lord Jesus Christ, according to Matthew.

*People* **Glory to you, Lord Christ.**

Jesus said, “You are the salt of the earth; but if salt has lost its taste, how can its saltiness be restored? It is no longer good for anything, but is thrown out and trampled under foot.

“You are the light of the world. A city built on a hill cannot be hid. No one after lighting a lamp puts it under the bushel basket, but on the lampstand, and it gives light to all in the house. In the same way, let your light shine before others, so that they may see your good works and give glory to your Father in heaven.

“Do not think that I have come to abolish the law or the prophets; I have come not to abolish but to fulfill. For truly I tell you, until heaven and earth pass away, not one letter, not one stroke of a letter, will pass from the law

until all is accomplished. Therefore, whoever breaks one of the least of these commandments, and teaches others to do the same, will be called least in the kingdom of heaven; but whoever does them and teaches them will be called great in the kingdom of heaven. For I tell you, unless your righteousness exceeds that of the scribes and Pharisees, you will never enter the kingdom of heaven.”

*Deacon*        The Gospel of the Lord.  
*People*        **Praise to you, Lord Christ.**

**SERMON**     The Rev. Megan Anderson Gartin

**THE NICENE CREED** *Please stand in body or spirit.*

**We believe in one God,  
the Father, the Almighty,  
maker of heaven and earth,  
of all that is, seen and unseen.**

**We believe in one Lord, Jesus Christ,  
the only Son of God,  
eternally begotten of the Father,  
God from God, Light from Light,  
true God from true God,  
begotten, not made,  
of one Being with the Father.  
Through him all things were made.  
For us and for our salvation  
he came down from heaven:  
by the power of the Holy Spirit  
he became incarnate from the Virgin Mary,  
and was made man.  
For our sake he was crucified under Pontius Pilate;  
he suffered death and was buried.  
On the third day he rose again  
in accordance with the Scriptures;  
he ascended into heaven and is  
seated at the right hand of the Father.  
He will come again in glory to judge the  
living and the dead, and his kingdom will have no end.**

**We believe in the Holy Spirit, the Lord, the giver of life,  
who proceeds from the Father and the Son.  
With the Father and the Son he is worshiped and glorified.  
He has spoken through the prophets.  
We believe in one holy catholic and apostolic Church.  
We acknowledge one baptism  
for the forgiveness of sins.  
We look for the resurrection of the dead,  
and the life of the world to come. Amen.**

## **PRAYERS OF THE PEOPLE**

*Deacon* Creating God, you have made us in your image that we might reflect your glory, hear us now as we say, Lord in your mercy, **hear our prayer.**

*Leader* Be present in and guide your church that it might always stand for the way that leads to life and light. We especially pray for Archbishop of Canterbury Sarah Mullally, Sean, our Presiding Bishop, Megan our Bishop, Megan, Katie, Mike, Rod, and Jesse, our clergy. Lord in your mercy, **hear our prayer.**

Let us pray for justice and peace throughout the earth, following the way of Jesus, seeking to serve him in all persons, loving our neighbors as ourselves and respecting the dignity of every human being. God hear the cry of the oppressed. Send your Spirit upon all those who grieve and sit in fear, and grant wisdom to those in authority to act with wisdom and grace. Lord in your mercy, **hear our prayer.**

We offer to you the deepest needs and longings of our own hearts, help us to grow into the people you created us to be and to take up the work you have given us to do. We pray especially for Christine, our head of school, for all the staff, teachers and students at St. Michael's Day School and Starr King TK-8. Lord in your mercy, **hear our prayer.**

Open our eyes to behold the glory of your Creation that we might take up our responsibilities to preserve and protect it with joy. Lord in your mercy, **hear our prayer.**

Extend your healing presence to all who suffer and restore them to a sense of wholeness. Especially we pray for **Michael, Jim, Bill, Carol, Dave, Holly, Sara, Dorothy, Kathy, Dan, Jon, Sarah, Jennifer, Michael, Andrea, Chris, Liz, Mike, Tina, Mary, Kay, Hunter, and Billie.** Lord in your mercy, **hear our prayer.**

Welcome all who have died into your loving presence and bring us also into that new kingdom in your new age. We especially pray for the repose of Caroline Ficker and for peace and comfort to her family and loved ones. Lord in your mercy, **hear our prayer.**

For what else or whom else shall we pray? (*A time of silence is kept.*) Lord in your mercy, **hear our prayer.**

*Celebrant* You have offered us the gift of grace and reconciliation through the life, death, and resurrection of Christ. Let us live into your Son's example that we might also know abundant life in your presence. All we ask, we ask through our Lord and intercessor, who with you and the Holy Spirit lives and reigns eternally. **Amen.**

**GENERAL CONFESSION** *Kneel or stand as you are able.*

*Deacon* Let us confess our sins against God and our neighbor.

*People* **Gracious God,  
we praise you for accepting us as your children  
and making us heirs of eternal life.  
In your mercy you have washed us from our sins  
and made us clean in your sight.  
Yet we still fail to love you as we should  
and serve you as we ought.  
Forgive us our sins and renew us by your grace,  
that we may continue to grow as members of Christ,  
who is our savior and redeemer. Amen.**

*Celebrant* Almighty God have mercy on you, forgive you all your sins through our Lord, Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. **Amen.**

**THE PEACE AND OFFERTORY** *Please stand in body or spirit.*

*Celebrant* The peace of Christ be always with you.

*People* **And also with you.**

**WELCOME, ANNOUNCEMENTS, BLESSINGS**

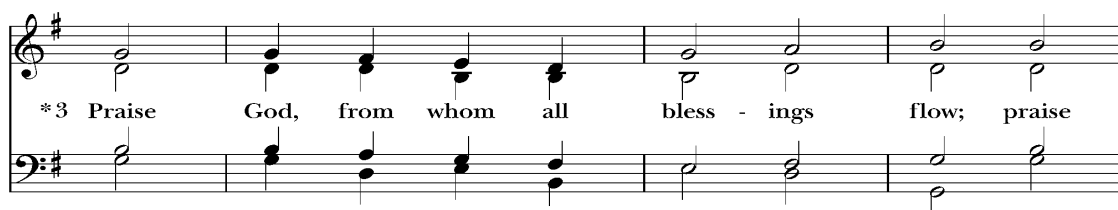
**OFFERTORY SENTENCE**

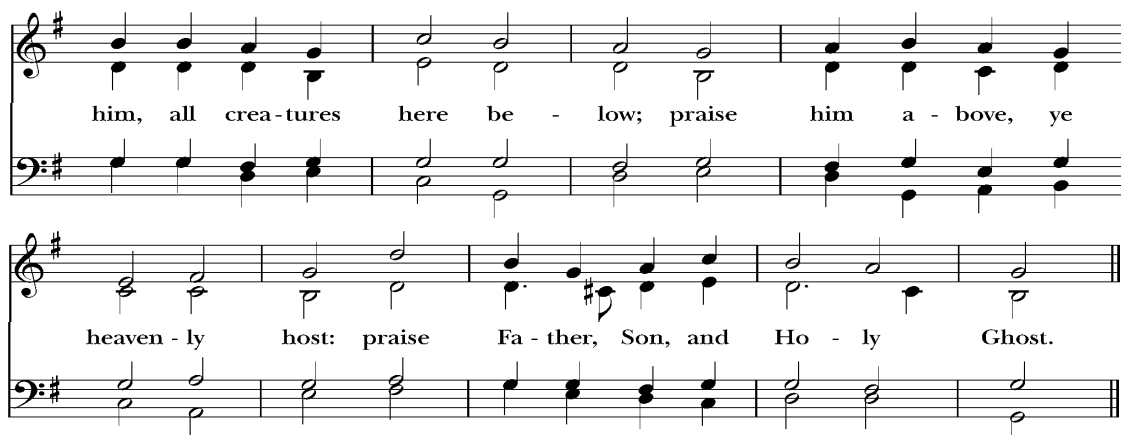
*Celebrant* Walk in love, as Christ loved us and gave himself for us, an offering and sacrifice to God.



**OFFERTORY ANTHEM** I Want to Walk as a Child of the Light by Harlan

**PRESENTATION HYMN** The Hymnal 1982—#360 Praise God from whom all blessings flow *Please join us.*





## THE GREAT THANKSGIVING *Please stand in body or spirit.*

*Eucharistic Prayer Enriching Our Worship 1*

*Celebrant* The Lord be with you.

*People* **And also with you.**

*Celebrant* Lift up your hearts.

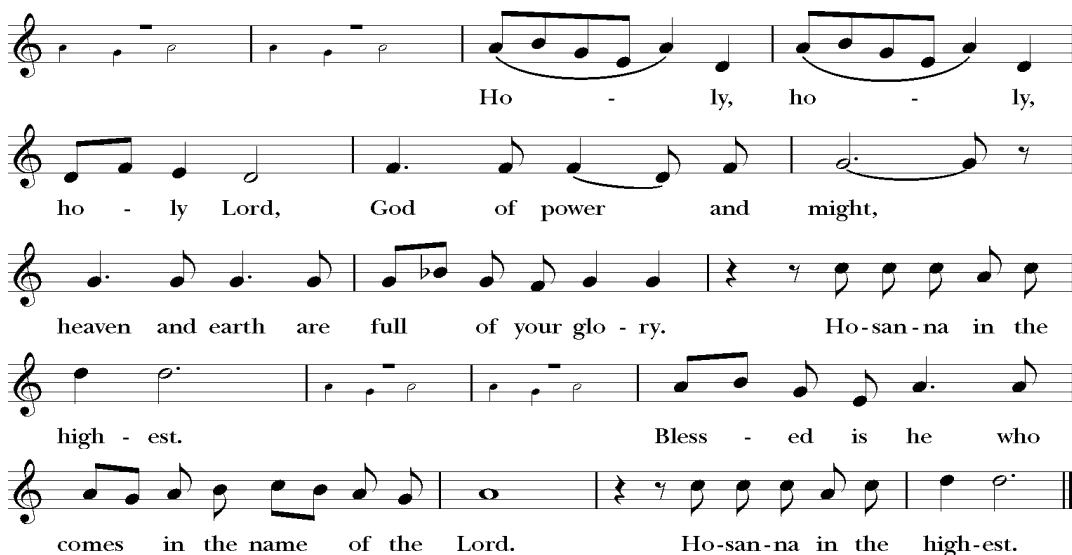
*People* **We lift them to the Lord.**

*Celebrant* Let us give thanks to the Lord our God.

*People* **It is right to give him thanks and praise.**

It is truly right, and good and joyful, to give you thanks, all-holy God, source of life and fountain of mercy. You have filled us and all creation with your blessing and fed us with your constant love; you have redeemed us in Jesus Christ and knit us into one body. Through your Spirit you replenish us and call us to fullness of life. Therefore we praise you, joining our voices with Angels and Archangels and with the faithful of every generation, we lift our voices with all creation as we sing:

**THE SANCTUS** The Hymnal 1982— #S128 The Holy Eucharist II, Holy, holy, holy Lord (*Please join us.*)



*Please stand or kneel in body or spirit.*

Blessed are you, gracious God, creator of the universe and giver of life. You formed us in your own image and called us to dwell in your infinite love. You gave the world into our care that we might be your faithful stewards and show forth your bountiful grace.

But we failed to honor your image in one another and in ourselves; we would not see your goodness in the world around us; and so we violated your creation, abused one another, and rejected your love. Yet you never ceased to care for us, and prepared the way of salvation for all people.

Through Abraham and Sarah you called us into covenant with you. You delivered us from slavery, sustained us in the wilderness, and raised up prophets to renew your promise of salvation. Then, in the fullness of time, you sent your eternal Word, made mortal flesh in Jesus. Born into the human family, and dwelling among us, he revealed your glory. Giving himself freely to death on the cross, he triumphed over evil, opening the way of freedom and life.

On the night before he died for us, Our Savior Jesus Christ took bread, and when he had given thanks to you, he broke it, and gave it to his friends, and said: "Take, eat: This is my Body which is given for you. Do this for the remembrance of me."

As supper was ending, Jesus took the cup of wine, and when he had given thanks, he gave it to them, and said: "Drink this, all of you: This is my Blood of the new Covenant, which is poured out for you and for all for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore we proclaim the mystery of faith:

**Christ has died. Christ is risen. Christ will come again.**

Remembering his death and resurrection, we now present to you from your creation this bread and this wine. By your Holy Spirit may they be for us the Body and Blood of our Savior Jesus Christ. Grant that we who share these gifts may be filled with the Holy Spirit and live as Christ's Body in the world. Bring us into the everlasting heritage of your daughters and sons, that with Michael, your archangel, and all your angels and saints, past, present, and yet to come, we may praise your Name for ever. Through Christ and with Christ and in Christ, in the unity of the Holy Spirit, to you be honor, glory, and praise, for ever and ever. **Amen.**

And now, as our Savior Christ has taught us, we are bold to say,

**Our Father, who art in heaven,  
hallowed be thy Name, thy kingdom come,  
thy will be done, on earth as it is in heaven.  
Give us this day our daily bread,  
And forgive us our trespasses,  
as we forgive those who trespass against us.  
And lead us not into temptation, but deliver us from evil.  
For thine is the kingdom, and the power,  
and the glory, for ever and ever. Amen.**

## THE BREAKING OF BREAD and THE INVITATION

**FRACTION ANTHEM** The Hymnal 1982— #S155 (*Please join us.*)

*This setting is not used in Lent.*



Setting: Gerald R. Near (b. 1942)

## INVITATION TO COMMUNION OF THE PEOPLE

*All are welcome to receive communion. Communion is offered with gluten free bread that is free of the top 8 allergens. The Bread and Wine is offered at the altar rail, and grape juice is offered at the back of the altar. Communion will be taken by eating the bread and sipping from the cup. If you do not feel able to sip from the cup please allow it to pass by. We believe that if you have received communion in one kind (bread only) you have received a full communion. Cross your arms over your chest if you wish to receive a blessing in place of consuming. Baptism from any Christian tradition is anticipated for those regularly receiving. Let an usher know if you need to receive at your pew. Ingredients are listed in the back of the bulletin.*



This is the table of the Lord. It is made ready for those who want to know and love Christ, all are invited to come and meet Jesus here. The Gifts of God for the people of God.

**COMMUNION HYMN WLP—#812 I, the Lord of Sea and Sky** *Please join us*

*Unison*

1. I, the Lord of sea and sky, I have heard my  
 2. I, the Lord of snow and rain, I have borne my  
 3. I, the Lord of wind and flame, I will tend the

peo - ple cry. All who dwell in deep - est sin My hand will  
 peo - ple's pain. I have wept for love of them, They turn a -  
 poor and lame. I will set a feast for them, My hand will

save. I who made the stars of night,  
 way. I will break their hearts of stone,  
 save. Fin - est bread I will pro - vide

I will make their dark - ness bright. Who will bear my  
 Give them hearts for love a - lone. I will speak my  
 Till their hearts be sat - is - fied. I will give my

light to them? Whom shall I send?\_\_\_\_\_  
 word to them. Whom shall I send?\_\_\_\_\_  
 life to them. Whom shall I send?\_\_\_\_\_

*Refrain*

Here I am, Lord.\_\_\_\_\_ Is it I, Lord?\_\_\_\_\_ I have  
 heard you call - ing in the night.\_\_\_\_\_ I will go, Lord,\_\_\_\_\_  
 \_\_\_\_\_ if you lead me,\_\_\_\_\_ I will hold your peo - ple in my  
 1. 2. \_\_\_\_\_ heart. \_\_\_\_\_ 3. \_\_\_\_\_ heart. \_\_\_\_\_

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**POST COMMUNION PRAYER** *Please stand or kneel in body or spirit.*

*Celebrant* Together, let us pray.

**Eternal God, heavenly Father, you have graciously accepted us as living members of your Son our Savior Jesus Christ, and you have fed us with spiritual food in the Sacrament of his Body and Blood. Send us now into the world in peace, and grant us strength and courage to love and serve you with gladness and singleness of heart; through Christ our Lord. Amen.**

**THE BLESSING**

The peace of God, which surpasses all understanding, keep your hearts and minds in the knowledge and love of God, and of his Son Jesus Christ our Lord; and the blessing of God Almighty, the Father, the Son, and the Holy Spirit, be amongst you, and remain with you always. **Amen.**

**CLOSING HYMN** The Hymnal 1982—#126 The People who in Darkness Walked (*Please join us.*)  
*Please stand in body or spirit.*

1 The peo - ple who in dark - ness walked have seen a glo - rious light;  
2 To hail thy ris - ing, Sun of life, the ga - thering na - tions come,  
3 To us the prom - ised Child is born, to us the Son is given;  
4 His name shall be the Prince of Peace for ev - er - more a - dored,  
5 His power in - creas - ing still shall spread, his reign no end shall know;

1 on them broke forth the heav - en - ly dawn who dwelt in death and night.  
2 joy - ous as when the reap - ers bear their har - vest trea - sures home.  
3 him shall the tribes of earth o - bey, and all the hosts of heaven.  
4 the Won - der - ful, the Coun - sel - lor, the might - y God and Lord.  
5 jus - tice shall guard his throne a - bove, and peace a - bound be - low.

Words: John Morison (1749-1798), alt.; para. of Isaiah 9:2-7. Music: *Dundee*, melody *The CL Psalms of Davis*, 1615; harm. Thomas Ravenscroft (1592-1635?), alt.

*Deacon* Let us go in peace to love and serve the Lord!  
*People* **Thanks be to God.**

**POSTLUDE** Grosser Gott by Flynn

**Serving Today**

**The Rev. Katie Holeman** Celebrant & Children's Homilist  
**The Rev. Megan Anderson Gartin** Preaching  
**The Rev. Mike Ferrito** Deacon  
**The Rev. Rodney Davis** Assisting  
**Sue Corbin & Harriet Wharton** Altar Guild  
**Connie Weichert & Virginia Henry** Flowers  
**The Acolyte Team**

**Catherine Curran, Andrea Cool & Jennifer Franz** Readers  
**Sue Davis, Jan Bowdler & Dave Decker** Eucharistic Ministers  
**Terry Bridges & Jay Bowdler** Ushers  
**Renee Pierce** Greeter  
**St. Michael's Chancel Choir**  
**John Cozza** Music Director  
**Coffee Hour Hosts** Mary Ellen & Renee Pierce *with the St. Michael's Congregation*

# Announcements

## Worship

**10am Sunday Morning Worship** Eucharist & Choir  
Godly Play & Nursery available  
**5pm Sunday Contemplative Service** on Zoom  
**9am Morning Prayer** – Zoom, Monday—Thursday  
**8:30am Friday Morning Contemplative Eucharist**

**Communion Updates** We use baked bread that is free from the top 8 common allergens including gluten

**Communion Bread ingredients:** Gluten Free Flour (*Rice Flour, Whole Grain Brown Rice Flour, Sorghum Flour, Tapioca Starch, Potato Starch, Cellulose, Vitamin and Mineral Blend [calcium carbonate, niacinamide (vitamin B3), reduced iron, thiamin hydrochloride (vitamin B1), riboflavin (vitamin B2)], Xanthan Gum, Cellulose Gum.*), Water, Avocado Oil, Honey, Baking Powder, Salt.

## Ash Wednesday Services—Wednesday, February 18th

7am Ashes

12pm Eucharist & Ashes

7pm Eucharist & Ashes with Livestream

Ash Wednesday marks the beginning of Lent. A season of reflection and repentance.

## STEWARDSHIP

Did you ever notice the QR code in our bulletin? This is a code that takes you directly to our Tithe.ly page for easy online credit card donations. Through this you can set up a one-time donation or a recurring donation for your annual pledge. Please be sure to click on the drop-down box to select where you want your donation to be designated. Pledge cards are still being accepted for the 2026 Pledge Year and can be placed in the offering plate, mailed or set up online through the QR code in the bulletin.

## St. Michael's Learn & Connect

**Gartin Baby Shower Coffee Hour - Today during Coffee Hour**—Join us! We will be hosting a baby shower in honor of the Gartin family's newest arrival on Sunday, February 8 during coffee hour immediately following the service.

## Shrove Tuesday Pancake Supper

Tuesday, February 17th - 6pm

Join us! St. Michael's will be celebrating Shrove Tuesday with our annual pancake supper in the Parish Hall. Want to volunteer & flip some pancakes? Contact the office.

## Lenten offerings

## Just Peacemaking led by John McEntyre

**Starting, Sunday February 22 - 11:30am** in the Friendship Center. In this six week class we'll be raising the ever-timely question: in what ways can the church be a place that fosters and practices peacemaking? We'll consider three different avenues to address this question: (a) Scripture and tradition, (b) lives of peacemakers, and (c) practical applications for peacemaking. Everybody welcome! Y'all come! Drop-ins encouraged!

## Living Compass: Living Well Through Lent

You are invited on a transformative Lenten journey exploring the theme of Healing and Wholeness, for yourself and for the world. Engage in meaningful reflection through the spiritually nourishing daily readings and reflection questions provided by Living Compass. The Living Compass Lenten booklets are available, free of cost, at the church. Sign up on the Living Compass website (<https://www.livingcompass.org/lent>) for additional offerings or download the new Living Compass app.

## Dinner & Documentary—Sunday March 1 at 6pm

Please join us for our next Dinner & Documentary session. Next month's session will be off-site at a regular member's home. Please contact Marilyn McEntyre or the church office to receive updates.

## St. Michael's Cont. Studies—

**Healing Circle** - 2nd Saturdays 11am in Friendship Center.

**Thursday Open Bible Study** at 10am via Zoom.

**Sacred Circle** - Last Wednesday of the month 6pm via zoom.

**Centering Prayer** - Mondays in Friendship Center at 9:00am & Thursdays on Zoom at 7pm.

**St. Michael's Reads the Acts & Epistles of the Apostles**—Tuesdays at 6:30pm via Zoom

## St. Michael's Serves in the Community

## Starr King Baked Goods Delivery Thursday, Feb. 12

If you would like to contribute cookies/muffins, contact Mary Ellen. They are needed in the office by Wednesday morning.

## Rise Against Hunger

## Saturday February 28 - Parish & Johnstone Halls

Come pack meal bags that reach hungry people throughout the world. It is a very fun event and a great opportunity to gather as community to do something for those in need. Last year we packed over 10,000 meals that went to support those in need in Philippines. Come be a part of this super fun event! Please sign up on their website. If you have questions or need help please contact the office. If you are willing to help with set up or clean up please let us know!

## Regular Outreach opportunities

**River City Food Bank** Center at St. Matthew's -

Distribution Prep every Tuesday—Friday

& Distribution every Wednesday & Friday

**Carmichael HART** Carmichael Presbyterian Church -

Lunch program every Thursday & the Shower Ministry every Saturday

**God's Helping Hands Laundry** Will not operate this month. Starting in March it will be located at Mega Wash on Fair Oaks Blvd. at El Camino. Volunteers are needed every 3rd Saturday of the month, and donations are appreciated.

Additional details on the announcements can be found in this week's Messenger and on our website.

*Flowers are given by Kathy Hanson, in memory of Alex Jeffrey Pretti, Renee Nicole Good, and unnamed others who have died while in immigration custody in this country*

**Sunday February 8—The Fifth Sunday after Epiphany**

Holy Eucharist 10am with Livestream  
Nursery & Godly Play 10am  
Coffee Hour Baby Shower 11:15am Parish Hall  
Contemplative Prayer Service 5pm Zoom

**Monday February 9**

Winter Respite 7:30am Carmichael Presbyterian  
Morning Prayer 9am Zoom  
Centering Prayer 9am Friendship Center

**Tuesday February 10**

Morning Prayer 9am Zoom  
Staff Meeting 9:30am Friendship Center  
EfM 6:30pm Zoom  
St. Michael's Reads the Epistles Bible Study 6:30pm Zoom

**Wednesday February 11**

Morning Prayer 9am Zoom

**Thursday February 12**

Morning Prayer 9am Zoom  
Open Bible Study 10am Zoom  
DOK Meeting 11:30am Friendship Center  
Choir Rehearsal 6:30pm  
Centering Prayer 7pm Zoom

**Friday February 13**

Morning Eucharist 8:30am

**Saturday February 14**

Healing Circles 11am Friendship Center

**Sunday February 15—The Sixth Sunday after Epiphany**

Holy Eucharist 10am with Livestream  
Nursery & Godly Play 10am  
Coffee Hour Baby Shower 11:15am Parish Hall  
Contemplative Prayer Service 5pm Zoom



2140 Mission Ave.  
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**SAVE THE DATE**

**Tuesday February 17—Shrove Tuesday Pancake**  
Supper 6pm

**Wednesday February 18—Ash Wednesday**

7am Ashes

12pm Eucharist & Ashes

7pm Eucharist & Ashes with Livestream

**Saturday February 28 - Rise Against Hunger**

**Saturday May 2—St. Michael's Fundraiser**

**CLERGY, STAFF & VOLUNTEERS**

**The Rt. Rev. Megan Traquair** Bishop,  
Episcopal Diocese of Northern California  
**The Rev. Megan Anderson Gartin** Rector  
**The Rev. Katie Holeman** Associate Rector  
**The Rev. Rodney Davis** Associate Priest  
**The Rev. Jesse Vaughan** Associate Priest  
**The Rev. Mike Ferrito** Associate Priest  
**Andy Chamness** Sexton  
**John Cozza** Music Director  
**Michelle Falcu** Parish Administrator  
**Jack Cozza** Videographer  
**John Quené** Treasurer  
**Kate Muris** Bookkeeper  
**Diane Rehrer-Salisbury, Eileen Thomas, Sue Corbin, Renée Pierce, Mary Ellen Ferguson**  
Office Volunteers

**VESTRY**

**Greg Dewey** Senior Warden  
**Sue Davis** Junior Warden  
**Elizabeth Dolezal** Clerk  
**Harriette Carr** Member  
**Mary Ellen Ferguson** Member  
**Mary Kessler** Member  
**Rick Larkey** Member  
**Christina Manning** Member  
**Suzanne Phinney** Member  
**John Rojek** Member  
**Todd Stone** Member  
**Holly Yue** Member  
  
**John Quené** Treasurer  
**Constance Weichert** Music Director Emeritus