

ST. MICHAEL'S EPISCOPAL CHURCH

Centered in our love for Jesus, we worship God, reach out to those in need, celebrate our blessings, and love and care for each other. We are inclusive and welcoming of all God's people. Together, we strive to faithfully meet the challenges of a changing world.

The Third Sunday after Epiphany January 25, 2026

PRELUDE On Friendship (from *Perfect Light*) by Scott Perkins

And a youth said: Speak to us of Friendship. And I answered, saying: Your friend is your needs answered. They are your field which you sow with hope and reap with thanksgiving. And they are your board and your fireside. For you come to them with your hunger, and you seek them for peace.

----Kahlil Gibran, 1923; alt. Scott Perkins, 2024

Please stand in body or spirit.

PROCESSIONAL HYMN The Hymnal 1982 - #381 Thy Strong Word did cleave the darkness *Please join us.*



1 Thy strong word did cleave the dark - ness; at thy speak - ing
2 Lo, on those who dwelt in dark - ness, dark as night and
3 Thy strong word be - speaks us right - eous; bright with thine own
4 God the Fa - ther, Light - Cre - a - tor, to thee laud and



it was done; for cre - at - ed light we thank thee,
deep as death, broke the light of thy sal - va - tion,
ho - li - ness, glo - rious now, we press toward glo - ry,
hon - or be; to thee, Light of Light be - got - ten,



while thine or - dered sea - sons run: Al - le - lu - ia, al - le -
breathed thine own life - giv - ing breath: Al - le - lu - ia, al - le -
and our lives our hopes con - fess: Al - le - lu - ia, al - le -
praise be sung e - ter - nal - ly; Ho - ly Spi - rit, Light - Re -



lu - ia! Praise to thee who light dost send! Al - le - lu - ia,
lu - ia! Praise to thee who light dost send! Al - le - lu - ia,
lu - ia! Praise to thee who light dost send! Al - le - lu - ia,
veal - er, glo - ry, glo - ry be to thee; mor - tals, an - gels,



al - le - lu - ia! Al - le - lu - ia with - out end!
al - le - lu - ia! Al - le - lu - ia with - out end!
al - le - lu - ia! Al - le - lu - ia with - out end!
now and ev - er praise the Ho - ly Tri - ni - ty.

The Alleluias in stanzas 1-3 may be sung antiphonally.

Words: Martin H. Franzmann (1907-1976). From *Worship Supplement*. Copyright © 1969, Concordia Publishing House. Used by permission. Music: *Ton-y Botel*, Thomas John Williams (1869-1944).

We ask that you silence any electronics that might make noise during the service.

Celebrant Blessed be God: Father, Son, and Holy Spirit.
People **And blessed be his kingdom now and for ever. Amen.**

Celebrant welcomes the congregation

Celebrant Together, let us pray.

Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. Amen.

HYMN OF PRAISE The Hymnal 1982—#390 Praise to the Lord

1 Praise to the Lord, the Al - might - y, the King of cre -

a - tion; O my soul, praise him, for he is thy

health and sal - va - tion: join the great throng, psal - ter - y,

or - gan, and song, sound - ing in glad ad - o - ra - tion.

Words: Joachim Neander (1650-1680); tr. *Hymnal* 1940, alt. Copyright © The Church Pension Fund. Music: *Lobe den Herren*, melody from *Erneuerten Gesangbuch*, 1665; harm. *The Chorale Book for England*, 1863; desc. Craig Sellar Lang (1891-1971). Descant, Copyright © 1953, Novello and Company Limited. Used by permission.

THE COLLECT OF THE DAY

Celebrant The Lord be with you.
People **And also with you.**
Celebrant Let us pray.

Give us grace, O Lord, to answer readily the call of our Savior Jesus Christ and proclaim to all people the Good News of his salvation, that we and the whole world may perceive the glory of his marvelous works; who lives and reigns with you and the Holy Spirit, one God, for ever and ever. **Amen.**

Please be seated.

CHILDREN & COMMUNITY HOMILY The Rev. Megan Anderson Gartin
Children are welcome to follow teachers to the Godly Play classroom for a lesson.

THE LESSONS & PSALM

A reading from the book of Isaiah (9:1-4)

There will be no gloom for those who were in anguish. In the former time he brought into contempt the land of Zebulun and the land of Naphtali, but in the latter time he will make glorious the way of the sea, the land beyond the Jordan, Galilee of the nations.

The people who walked in darkness
have seen a great light;
those who lived in a land of deep darkness--
on them light has shined.

You have multiplied the nation,
you have increased its joy;
they rejoice before you
as with joy at the harvest,
as people exult when dividing plunder.

For the yoke of their burden,
and the bar across their shoulders,
the rod of their oppressor,
you have broken as on the day of Midian.

Reader Hear what the Spirit is saying to God's people.
People **Thanks be to God.**

Please pray Psalm 27:1, 5-13 responsively by half-verse.

- 1 The Lord is my light and my salvation; whom then shall I fear? *
the Lord is the strength of my life; of whom then shall I be afraid?
- 5 One thing have I asked of the Lord; one thing I seek; *
that I may dwell in the house of the Lord all the days of my life;
- 6 To behold the fair beauty of the Lord *
and to seek him in his temple.
- 7 For in the day of trouble he shall keep me safe in his shelter; *
he shall hide me in the secrecy of his dwelling and set me high upon a rock.
- 8 Even now he lifts up my head *
above my enemies round about me.
- 9 Therefore I will offer in his dwelling an oblation with sounds of great gladness; *
I will sing and make music to the Lord.
- 10 Hearken to my voice, O Lord, when I call; *
have mercy on me and answer me.
- 11 You speak in my heart and say, "Seek my face." *
Your face, Lord, will I seek.
- 12 Hide not your face from me, *
nor turn away your servant in displeasure.
- 13 You have been my helper; cast me not away; *
do not forsake me, O God of my salvation.

A reading from the First letter of Paul to Corinthians (1:10-18)

Now I appeal to you, brothers and sisters, by the name of our Lord Jesus Christ, that all of you be in agreement and that there be no divisions among you, but that you be united in the same mind and the same purpose. For it has been reported to me by Chloe's people that there are quarrels among you, my brothers and sisters. What I mean is that each of you says, "I belong to Paul," or "I belong to Apollos," or "I belong to Cephas," or "I belong to Christ." Has Christ been divided? Was Paul crucified for you? Or were you baptized in the name of Paul? I thank God that I baptized none of you except Crispus and Gaius, so that no one can say that you were baptized in my name. (I did baptize also the household of Stephanas; beyond that, I do not know whether I baptized anyone else.) For Christ did not send me to baptize but to proclaim the gospel, and not with eloquent wisdom, so that the cross of Christ might not be emptied of its power.

For the message about the cross is foolishness to those who are perishing, but to us who are being saved it is the power of God.

Reader Hear what the Spirit is saying to God's people.
People **Thanks be to God.**

GRADUAL HYMN Celtic Alleluia (*Repeat 3 times*) Please join us.



PROCLAMATION OF THE GOSPEL Matthew (4:12-23) *Please stand in body or spirit.*

Deacon The Holy Gospel of our Lord Jesus Christ, according to Matthew.
People **Glory to you, Lord Christ.**

When Jesus heard that John had been arrested, he withdrew to Galilee. He left Nazareth and made his home in Capernaum by the sea, in the territory of Zebulun and Naphtali, so that what had been spoken through the prophet Isaiah might be fulfilled:

“Land of Zebulun, land of Naphtali,
on the road by the sea, across the Jordan, Galilee of the Gentiles—
the people who sat in darkness
have seen a great light,
and for those who sat in the region and shadow of death
light has dawned.”

From that time Jesus began to proclaim, “Repent, for the kingdom of heaven has come near.”

As he walked by the Sea of Galilee, he saw two brothers, Simon, who is called Peter, and Andrew his brother, casting a net into the sea—for they were fishermen. And he said to them, “Follow me, and I will make you fish for people.” Immediately they left their nets and followed him. As he went from there, he saw two other brothers, James son of Zebedee and his brother John, in the boat with their father Zebedee, mending their nets, and he called them. Immediately they left the boat and their father, and followed him.

Jesus went throughout Galilee, teaching in their synagogues and proclaiming the good news of the kingdom and curing every disease and every sickness among the people.

Deacon The Gospel of the Lord.
People **Praise to you, Lord Christ.**

SERMON The Rev. Mike Ferrito

THE NICENE CREED *Please stand in body or spirit.*

We believe in one God,
the Father, the Almighty,
maker of heaven and earth,
of all that is, seen and unseen.

We believe in one Lord, Jesus Christ,
the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God,
begotten, not made,
of one Being with the Father.
Through him all things were made.

For us and for our salvation
he came down from heaven:
by the power of the Holy Spirit
he became incarnate from the Virgin Mary,
and was made man.
For our sake he was crucified under Pontius Pilate;
he suffered death and was buried.
On the third day he rose again
in accordance with the Scriptures;
he ascended into heaven and is
seated at the right hand of the Father.
He will come again in glory to judge the
living and the dead, and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father and the Son.
With the Father and the Son he is worshiped and glorified.
He has spoken through the prophets.
We believe in one holy catholic and apostolic Church.
We acknowledge one baptism
for the forgiveness of sins.
We look for the resurrection of the dead,
and the life of the world to come. Amen.

PRAYERS OF THE PEOPLE

Deacon We pray to you Holy God, in the confidence of our belovedness as we say, Lord in your mercy, **hear our prayer.**

Leader We give thanks for the multitude of the faithful who have offered you their lives in faith. Bless the universal church with a resounding chorus of affirmation and fill us with shared affection and true purpose to bring your kingdom nearer still. We especially pray for Archbishop of Canterbury elect Sarah Mullally, Sean, our Presiding Bishop, Megan our Bishop, Megan, Katie, Mike, Rod, and Jesse, our clergy. Lord in your mercy, **hear our prayer.**

We pray to you for our nation and for our elected leaders in city, state, and national government, that our country and all countries might look to you and your way of love. We pray especially for Christine, our head of school, for all the staff, teachers and students at St. Michael's Day School and Starr King TK-8. Lord in your mercy, **hear our prayer.**

We pray for the welfare of all people, for those we see as allies and for those we fear, that all might know peace in their heart. Lord in your mercy, **hear our prayer.**

We pray for the concerns and worries of our hearts. Be present to us and lead us into faith, contentment, and joy. Lord in your mercy, **hear our prayer.**

We pray for those who suffer in body, mind or spirit that they will seek and find you in their distress. Especially we pray for **Bill, Carol, Dave, Holly, Sara, Dorothy, Kathy, Dan, Jon, Sarah, Jennifer, Michael, Andrea, Chris, Liz, Mike, Tina, Mary, Kay, Hunter, and Billie.** Lord in your mercy, **hear our prayer.**

We pray for the departed, for those who are dying and those who watch and weep. Bring peace and comfort to the grieving and the hope of life eternal to those who labor on toward your kingdom. Lord in your mercy, **hear our prayer.**

For what else or whom else shall we pray? (*A time of silence is kept.*) Lord in your mercy, **hear our prayer.**

Celebrant Be our strong shield and certain companion in this and every day, that we might know and love you more: Father, Son and Holy Spirit. **Amen.**

GENERAL CONFESSION *Kneel or stand as you are able.*

Deacon Let us confess our sins against God and our neighbor.

People **Gracious God,**
we praise you for accepting us as your children
and making us heirs of eternal life.
In your mercy you have washed us from our sins
and made us clean in your sight.
Yet we still fail to love you as we should
and serve you as we ought.
Forgive us our sins and renew us by your grace,
that we may continue to grow as members of Christ,
who is our savior and redeemer. **Amen.**

Celebrant Almighty God have mercy on you, forgive you all your sins through our Lord, Jesus Christ,
strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. **Amen.**

THE PEACE AND OFFERTORY *Please stand in body or spirit.*

Celebrant The peace of Christ be always with you.

People **And also with you.**

WELCOME, ANNOUNCEMENTS, BLESSINGS

OFFERTORY SENTENCE

Celebrant Walk in love, as Christ loved us and gave himself for us, an offering and sacrifice
to God.



OFFERTORY ANTHEM Perfect Light (From *Perfect Light*) by Scott Perkins

Though my soul may set in darkness, it will rise in perfect light; I have loved the stars too truly to be fearful of the night.
----Sarah Williams (1868)

PRESENTATION HYMN The Hymnal 1982—#360 Praise God from whom all blessings flow *Please join us.*

* 3 Praise God, from whom all blessings flow; praise
him, all crea-tures here be-low; praise him a-bove, ye
heaven-ly host: praise Fa-ther, Son, and Ho-ly Ghost.

Soup Pot Sunday Today!
The collection supports
Loaves & Fishes, the
Center at St. Matthews &
RCFB.

THE GREAT THANKSGIVING *Please stand in body or spirit.*

Eucharistic Prayer Enriching Our Worship 1

Celebrant The Lord be with you.

People **And also with you.**

Celebrant Lift up your hearts.

People **We lift them to the Lord.**

Celebrant Let us give thanks to the Lord our God.

People **It is right to give him thanks and praise.**

It is truly right, and good and joyful, to give you thanks, all-holy God, source of life and fountain of mercy. You have filled us and all creation with your blessing and fed us with your constant love; you have redeemed us in Jesus Christ and knit us into one body. Through your Spirit you replenish us and call us to fullness of life. Therefore we praise you, joining our voices with Angels and Archangels and with the faithful of every generation, we lift our voices with all creation as we sing:

THE SANCTUS The Hymnal 1982— #S128 The Holy Eucharist II, Holy, holy, holy Lord (*Please join us.*)

Ho - ly, ho - ly, ho - ly,
 ho - ly Lord, God of power and might,
 heaven and earth are full of your glo - ry. Ho-san-na in the
 high - est. Bless - ed is he who
 comes in the name of the Lord. Ho-san-na in the high-est.

Please stand or kneel in body or spirit.

Blessed are you, gracious God, creator of the universe and giver of life. You formed us in your own image and called us to dwell in your infinite love. You gave the world into our care that we might be your faithful stewards and show forth your bountiful grace.

But we failed to honor your image in one another and in ourselves; we would not see your goodness in the world around us; and so we violated your creation, abused one another, and rejected your love. Yet you never ceased to care for us, and prepared the way of salvation for all people.

Through Abraham and Sarah you called us into covenant with you. You delivered us from slavery, sustained us in the wilderness, and raised up prophets to renew your promise of salvation. Then, in the fullness of time, you sent your eternal Word, made mortal flesh in Jesus. Born into the human family, and dwelling among us, he revealed your glory. Giving himself freely to death on the cross, he triumphed over evil, opening the way of freedom and life.

On the night before he died for us, Our Savior Jesus Christ took bread, and when he had given thanks to you, he broke it, and gave it to his friends, and said: "Take, eat: This is my Body which is given for you. Do this for the remembrance of me."

As supper was ending, Jesus took the cup of wine, and when he had given thanks, he gave it to them, and said: "Drink this, all of you: This is my Blood of the new Covenant, which is poured out for you and for all for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore we proclaim the mystery of faith:

Christ has died. Christ is risen. Christ will come again.

Remembering his death and resurrection, we now present to you from your creation this bread and this wine. By your Holy Spirit may they be for us the Body and Blood of our Savior Jesus Christ. Grant that we who share these gifts may be filled with the Holy Spirit and live as Christ's Body in the world. Bring us into the everlasting heritage of your daughters and sons, that with Michael, your archangel, and all your angels and saints, past, present, and yet to come, we may praise your Name for ever. Through Christ and with Christ and in Christ, in the unity of the Holy Spirit, to you be honor, glory, and praise, for ever and ever. **Amen.**

And now, as our Savior Christ has taught us, we are bold to say,

Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread, And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.

THE BREAKING OF BREAD and THE INVITATION

FRACTION ANTHEM The Hymnal 1982— #S155 (*Please join us.*)

This setting is not used in Lent.



Setting: Gerald R. Near (b. 1942)

INVITATION TO COMMUNION OF THE PEOPLE

All are welcome to receive communion. Communion is offered with gluten free bread that is free of the top 8 allergens. The Bread and Wine is offered at the altar rail, and grape juice is offered at the back of the altar. Communion will be taken by eating the bread and sipping from the cup. If you do not feel able to sip from the cup please allow it to pass by. We believe that if you have received communion in one kind (bread only) you have received a full communion. Cross your arms over your chest if you wish to receive a blessing in place of consuming. Baptism from any Christian tradition is anticipated for those regularly receiving. Let an usher know if you need to receive at your pew. Ingredients are listed in the back of the bulletin.

This is the table of the Lord. It is made ready for those who want to know and love Christ, all are invited to come and meet Jesus here. The Gifts of God for the people of God.

COMMUNION ANTHEM On Joy and Sorrow (from *Perfect Light*) by Scott Perkins

Then a woman said: Speak to us of Joy and Sorrow. And I answered: Your joy is your sorrow unmasked. And the selfsame well from which your laughter rises was oftentimes filled with you tears. And how else can it be? The deeper that sorrow carves into your being, The more joy you can contain.'

---Kahlil Gibran, 1923; alt. Scott Perkins, 2024

POST COMMUNION PRAYER *Please stand or kneel in body or spirit.*

Celebrant Together, let us pray.

Eternal God, heavenly Father, you have graciously accepted us as living members of your Son our Savior Jesus Christ, and you have fed us with spiritual food in the Sacrament of his Body and Blood. Send us now into the world in peace, and grant us strength and courage to love and serve you with gladness and singleness of heart; through Christ our Lord. Amen.

THE BLESSING

The peace of God, which surpasses all understanding, keep your hearts and minds in the knowledge and love of God, and of his Son Jesus Christ our Lord; and the blessing of God Almighty, the Father, the Son, and the Holy Spirit, be amongst you, and remain with you always. **Amen.**

CLOSING HYMN The Hymnal 1982—#707 Take My Life and Let it Be (*Please join us.*)

1 Take my life, and let it be con - se - crat - ed, Lord, to thee;
2 Take my voice, and let me sing al - ways, on - ly, for my King;

take my mo - ments and my days, let them flow in cease - less praise.
take my in - tel - lect, and use ev - ery power as thou shalt choose.

Take my hands, and let them move at the im - pulse of thy love;
Take my will, and make it thine; it shall be no long - er mine.

take my heart, it is thine own; it shall be thy roy - al throne.
Take my - self, and I will be ev - er, on - ly, all for thee.

Words: Frances Ridley Havergal (1836-1879), alt. Music: *Hollingside*, John Bacchus Dykes (1823-1876).

Please stand in body or spirit.

Deacon Let us go in peace to love and serve the Lord!

People **Thanks be to God.**

POSTLUDE Ostinato from Suite Antique by Rutter

Sharon Gulliford, flute

Serving Today

The Rev. Rodney Davis Celebrant

The Rev. Mike Ferrito Preaching

The Rev. Megan Anderson Gartin Children's
Homilist & Deacon

The Rev. Katie Holeman Assisting

Jan Bowdler, Ann Hall & Mary Ellen Ferguson

Altar Guild

Allison Flower-Arledge Flowers

The Acolyte Team

Dave Decker, Sue Corbin & Marilyn McEntyre

Readers

Jackie Linn, Ann Hall & Rev. Kathy Hopner

Eucharistic Ministers

Rick Larkey, Dave Clausus & Molly Hoever Ushers

Molly Hoever Greeter

St. Michael's Chancel Choir

John Cozza Music Director

Vestry Bios

Harriette Carr

I have been an active member of the church for many years serving not only as an usher and greeter but also involved in our outreach and program ministries like, Mercy & Social Justice, Study groups, vestry and more. This will be my second time serving on Vestry. I find it interesting to serve on vestry and help address the challenges of the church with other parishioners from an array of interests and experiences. I come from a medical and educational background, having been a nurse, epidemiologist and college professor.

Mary Kessler

I am a long-time parishioner of St. Michael's and have been involved in many ministries over the years including vestry, choir, study groups, outreach, and fundraising activities. St. Michael's has been a source of growth and comfort, and I would like to help support the ministry with my time and talents. As a project management professional, I have been told that I am very organized and a good problem solver. I am accustomed to finding solutions that work for a variety of needs. I served on the Vestry and the School Board from 2022 – 2024 and the finance committee in 2024 – 2025 so I am well versed in the church and school relationship as well as our current financial position.

Rick Larkey

As a member of St. Michael's, I believe in giving back to a community that has given so much to me and my family. I believe I can be a team member in making decisions beneficial to the health and vitality of the St. Michael's community. I have served on the Vestry three times before and served as Senior Warden twice. Since my last run on Vestry I moved to chairing the building and grounds committee and helping advise and oversee necessary repairs and upgrades.

John Rojek

My wife Kathy and I have been attending St. Michael's for 5 years. It is our church home and a big part of our lives. Because the church community means so much to us, I would like to give something back. I feel that I can help support the church community by serving on vestry. I was an elementary school teacher for 35 years. In that time, I interacted with students, parents, fellow teachers, administrators, and the community. I feel that I am able to work well with others in planning and problem solving.

Diocesan Delegate Bios

Cindy Dewey

I am an active member of Mercy & Social Justice and study groups at St. Michael's. I was a delegate two years ago and am most interested in learning how other congregations strive to serve their parish and communities in creative ways.

Greg Dewey

I am a regular attendee of our 10am service and active participant of the Vestry serving as the Junior Warden this past year. This will be my first time serving as a delegate but feel drawn to represent the needs of our parish at the Diocesan level.

Kate Muris

I have been a Diocesan Delegate numerous times over the past 10 years. My interest in being a delegate is primarily to be informed of diocesan matters and decisions and to participate in the voting on the measures put forward. Additionally, my commitment to the life of our local and diocesan congregations comes from a growing understanding of my communication, listening, and leadership skills that have developed during my time at St. Michael's

Renee Pierce

I have been a delegate to convention for the past several years. I feel it is my duty as a pledging member of St. Michael's and by extension a member of the diocese; to be involved with the decision making process that effects our church. I feel with my involvement in the vestry, and in ministry I can provide valuable insight into the governance of our diocese and parish.

Jim Sargent

I have been a delegate to Diocesan Convention several times and served on the convention committee for twenty plus years. I have had the privilege and honor to serve St. Michael's Church, Day School, and our Diocese in many leadership roles. Aging and medical conditions have diminished my ability to serve at the same level but has not diminished my caring and compassion for our church. I have a desire to represent St. Michael's during our transition and to support Reverend Megan as our rector, by serving as a delegate to Diocesan Convention.

Chuck Schaller

I have been an active member for over 40 years. In my time at St. Michaels, I have served on Vestry three times and been involved in many of our ministries including worship as a reader and EM, our youth ministries, outreach ministries as well as Centering Prayer, prison ministry and most recently serving as a co-chaplain for the rector search. This will be my second time serving as a delegate and I would like to apply my experiences of serving in our ministries and committees to help represent St. Michael's in the larger church.

Holly Yue

I have prior experience as a delegate and find that catching up on what is happening in all the Diocesan ministries is a joyful thing. Learning from the convention speaker is always beneficial, as is spending time with our clergy and fellow parishioners. Worshipping together with brothers and sisters in Christ from the entire Diocese is a spirit filled experience. The business sessions tell us where the Diocese is financially and is our opportunity to vote on the resolutions brought forth each year. I would be honored to represent in this way again in 2026.

Sue Corbin - Alternate

I was honored to have the opportunity to represent St. Michael's in 2024. I was impressed by the many positive ideas that developed into ministries to improve all lives and felt the Holy Spirit nudging me to serve again. I am humbled to be a part of the different ministries here, especially co-founding the Scholarship Fund, the Sages Ministry and mailing the Sunday bulletins to the homebound parishioners. If elected to serve again, I will do my best to go in with an open mind.

Announcements

Worship

10am Sunday Morning Worship Eucharist & Choir
Godly Play & Nursery available

5pm Sunday Contemplative Service on Zoom

9am Morning Prayer – Zoom, Monday—Thursday

8:30am Friday Morning Contemplative Eucharist

Special Musical Presentation!

The Chancel Choir is excited to announce a special musical presentation on Sunday, January 25th of local composer Scott Perkins' choral work "Perfect Light." This will be only the second performance of the work, which focuses on Mental Health/Suicide Prevention. The composer will conduct!

Community Forum after church on February 1st in Friendship Center to review the trial period of using the in-house communion bread and offering wine and grape juice from the common cup.

Communion Updates We use baked bread that is free from the top 8 common allergens including gluten

Communion Bread ingredients: Gluten Free Flour (*Rice Flour, Whole Grain Brown Rice Flour, Sorghum Flour, Tapioca Starch, Potato Starch, Cellulose, Vitamin and Mineral Blend [calcium carbonate, niacinamide (vitamin B3), reduced iron, thiamin hydrochloride (vitamin B1), riboflavin (vitamin B2)], Xanthan Gum, Cellulose Gum.*), Water, Avocado Oil, Honey, Baking Powder, Salt.

Annual Meeting Today immediately following the 10am service with a potluck brunch. During the meeting we will elect 2026 Vestry Members & Diocesan Delegates, take a look at 2025 & look to the future. **Stewardship** Pledge cards are still being accepted for the 2026 Pledge Year.

St. Michael's Learn & Connect

Gartin Baby Shower Coffee Hour - Sunday February 8

Special coffee hour quickly approaching! We will be hosting a baby shower in honor of the Gartin family's newest arrival on Sunday, February 8 during coffee hour immediately following the service. Mary Ellen and Renee are coordinating set up, decorating and clean up. If you would like to bring a pot luck dish or volunteer, please contact Mary Ellen, Renee or send an email to the office. If you, or you and a friend, wish to give a gift, the Gartin's are registered here (my.babylist.com/megan-anderson-gartin).

Dinner & Documentary—Sunday February 1, 2026
FAKE Searching for truth in the age of misinformation
Please join us for our next Dinner & Documentary session, where we will view FAKE. This PBS documentary focuses on how the average person can decipher fact from fiction in the current times where the sheer volume of news available can be overwhelming. Our next scheduled Dinner & Documentary date will be March 1 focusing on two short documentaries about immigration, deportation and sanctuary.

St. Michael's Cont. Studies—

Healing Circle - 2nd Saturdays 11am in Friendship Center.
Thursday Open Bible Study at 10am via Zoom.

Sacred Circle - Last Wednesday of the month 6pm via zoom.

Centering Prayer - Mondays in Friendship Center at 9:00am & Thursdays on Zoom at 7pm.

St. Michael's Reads the Acts & Epistles of the Apostles—
Tuesdays at 6:30pm via Zoom

Centering Prayer Introductory Workshop—Saturday, January 31—9am – 12:30pm in the Friendship Center

Are you looking for a way to explore or deepen your relationship with God? The basics of centering prayer will be taught along with actual practice of the prayer in community. In this guided workshop, there will be an opportunity to ask questions and share experiences with the presenter and fellow participants. All are welcome. Please RSVP by emailing centercossa@gmail.com \$30 donation - Payment instructions will be emailed after registration.

St. Michael's Serves in the Community

Rise Against Hunger

Saturday February 28 - Parish & Johnstone Halls

Come pack meal bags that reach hungry people throughout the world. It is a very fun event and a great opportunity to gather as community to do something for those in need. Last year we packed over 10,000 meals that went to support those in need in Philippines. Come be a part of this super fun event! Please sign up on their website. If you have questions or need help please contact the office. If you are willing to help with set up or clean up please let us know!

Habitat for Humanity: Build for Unity

All our Build for Unity Volunteer slots are filled! Thank you to everyone who is joining us on January 31 & February 6 & 7! Build for Unity is a Habitat for Humanity program where multi-faith communities come together to build houses for low-income families. St. Michaels was one of the original faith groups that started this amazing program (in 2016). If you have questions, please connect with Terry Bridges.

Winter Respite—Monday February 9th

Carmichael Presbyterian—Thank you for all who have signed up already. We are still collecting gently used coats, sweaters, boots all in adult sizes, clean sleeping bags or blankets and new underwear and socks. If you are interested in volunteering for our February 9th date a signup sheet will be posted near the coffee table at Coffee Hour on Sunday. Please contact Cindy Dewey if you have questions or would like to volunteer. More details about a Winter Respite volunteer day here.

Additional details on the announcements can be found in this week's Messenger and on our website.

Flowers are given in loving memory of Cynthia Lee Ackerman Metcalf by Ellen & Boomer.

Please join us in Parish & Johnstone Hall for a Potluck Brunch and our Annual Meeting.

Sunday January 25—The Third Sunday after Epiphany

Holy Eucharist 10am with Livestream
Nursery & Godly Play 10am
Annual Meeting 11:15am Parish Hall
Contemplative Prayer Service 5pm Zoom

Monday January 26

Winter Respite 7:30am Carmichael Presbyterian
Morning Prayer 9am Zoom
Centering Prayer 9am Friendship Center

Tuesday January 27

Morning Prayer 9am Zoom
Staff Meeting 9:30am Friendship Center
EfM 6:30pm Zoom
St. Michael's Reads the Epistles Bible Study 6:30pm Zoom

Wednesday January 28

Morning Prayer 9am Zoom
Sacred Circle 6pm Zoom

Thursday January 29

Morning Prayer 9am Zoom
Open Bible Study 10am Zoom
Choir Rehearsal 6:30pm
Centering Prayer 7pm Zoom

Friday January 30

Morning Eucharist 8:30am

Saturday January 31

Habitat for Humanity Unity Build
Intro Workshop to Centering Prayer 8:30am Friendship Center

Sunday February 1—The Fourth Sunday after Epiphany

Holy Eucharist 10am with Livestream
Nursery & Godly Play 10am
Coffee Hour 11:15am Parish Hall
Community Forum 11:30am Friendship Center
Contemplative Prayer Service 5pm Zoom
Dinner & Documentary 6pm Friendship Center



2140 Mission Ave.
Carmichael, CA. 95608
916.488.3550
Stmichaelscarmichael.org

SAVE THE DATE

Sunday February 8 - Baby Shower Coffee Hour

Saturday February 28 - Rise Against Hunger

CLERGY, STAFF & VOLUNTEERS

The Rt. Rev. Megan Traquair Bishop,
Episcopal Diocese of Northern California
The Rev. Megan Anderson Gartin Rector
The Rev. Katie Holeman Associate Rector
The Rev. Rodney Davis Associate Priest
The Rev. Jesse Vaughan Associate Priest
The Rev. Mike Ferrito Associate Priest
Andy Chamness Sexton
John Cozza Music Director
Michelle Falcy Parish Administrator
Jack Cozza Videographer
John Quené Treasurer
Kate Muris Bookkeeper
**Diane Rehrer-Salisbury, Sr. Tina Francesca
Ferriot, Eileen Thomas, Sue Corbin, Renée
Pierce, Mary Ellen Ferguson** Office Volunteers

VESTRY

Tammy Murray Senior Warden
Greg Dewey Junior Warden
Doug Davy Clerk
Sue Davis Member
Elizabeth Dolezal Member
Mary Ellen Ferguson Member
Christina Manning Member
Suzanne Phinney Member
Renée Pierce Member
Todd Stone Member
Dawn Wright Member
Holly Yue Member

John Quené Treasurer
Constance Weichert Music Director Emeritus