The Sixteenth Sunday after Pentecost

September 8, 2024 10am

Livestream

We are delighted that you are here to worship God with us today! St. Michael's Episcopal Church, centered in Jesus Christ, is passionate about accepting the invitation to grow in God through love and acceptance. It is our desire to share God's love in action with works of grace and service. We are inclusive and welcoming of all God's people.

2140 Mission Ave. Carmichael, California 916.488.3550

stmichaelscarmichael.org

We ask that you silence any electronics that might make noise during the service.



STATE Welcome to STATE AND A CHURCH

PRELUDE Romanze in F, Op. 118/v by Brahms *Please stand as you are able.*

THE PROCESSIONAL HYMN The Hymnal 1982—#371 Thou, Whose Almighty Word (*All stand as you are able. Music can be found on page 7.*)

Celebrant People

Blessed be the one, holy and living God. Glory to God forever and ever.

Celebrant Almighty God, to you all hearts are open, all desires known, and from you no secrets are hidden. Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy name, through Christ our Lord. **Amen.**

HYMN OF PRAISE The Hymnal 1982—S280 Canticle 20, Glory to God (*Please join us, music can be found on pages 8*)

THE COLLECT OF THE DAY

Celebrant	God be with you.
People	And also with you.
Celebrant	Together, let us pray

Grant us, O Lord, to trust in you with all our hearts; for, as you always resist the proud who confide in their own strength, so you never forsake those who make their boast of your mercy; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. Amen.

PRAYER FOR THE RECTOR SEARCH

O shepherding God, guide the hearts and minds of our Search Committee as we seek to discern the role of Rector for St. Michael's Church. By your light, draw to us those with vision and passion for St. Michael's future. Guide them as they discern your call. Raise up for us a faithful pastor, a dynamic preacher of your Gospel, to shepherd us as your flock, strengthen our ministries, and work with us in building up your kingdom. Amen.

THE LESSONS & PSALM Please be seated.

A reading from the book of Isaiah (35:4-7a)

Say to those who are of a fearful heart, 'Be strong, do not fear! Here is your God. He will come with vengeance, with terrible recompense. He will come and save you.'

Then the eyes of the blind shall be opened, and the ears of the deaf unstopped; then the lame shall leap like a deer, and the tongue of the speechless sing for joy. For waters shall break forth in the wilderness,

and streams in the desert;

Reader Hear what the Spirit is saying to God's people.

People Thanks be to God.

Please pray Psalm 146 responsively by half verse.

1 Hallelujah! Praise the Lord, O my soul! * I will praise the Lord as long as I live; I will sing praises to my God while I have my being. 2 Put not your trust in rulers, nor in any child of earth, * for there is no help in them. 3 When they breathe their last, they return to earth, * and in that day their thoughts perish. 4 Happy are they who have the God of Jacob for their help! * whose hope is in the Lord their God; 5 Who made heaven and earth, the seas, and all that is in them; * who keeps his promise for ever; 6 Who gives justice to those who are oppressed, * and food to those who hunger. 7 The Lord sets the prisoners free; the Lord opens the eyes of the blind; * the Lord lifts up those who are bowed down; 8 The Lord loves the righteous; the Lord cares for the stranger; * he sustains the orphan and widow, but frustrates the way of the wicked. 9 The Lord shall reign for ever, *

your God, O Zion, throughout all generations. Hallelujah!

A reading from the letter of James (2:1-17)

My brothers and sisters, do you with your acts of favoritism really believe in our glorious Lord Jesus Christ? For if a person with gold rings and in fine clothes comes into your assembly, and if a poor person in dirty clothes also comes in, and if you take notice of the one wearing the fine clothes and say, "Have a seat here, please," while to the one who is poor you say, "Stand there," or, "Sit at my feet," have you not made distinctions among yourselves, and become judges with evil thoughts? Listen, my beloved brothers and sisters. Has not God chosen the poor in the world to be rich in faith and to be heirs of the kingdom that he has promised to those who love him? But you have dishonored the poor. Is it not the rich who oppress you? Is it not they who drag you into court? Is it not they who blaspheme the excellent name that was invoked over you?

You do well if you really fulfill the royal law according to the scripture, "You shall love your neighbor as yourself." But if you show partiality, you commit sin and are convicted by the law as transgressors. For whoever keeps the whole law but fails in one point has become accountable for all of it.

What good is it, my brothers and sisters, if you say you have faith but do not have works? Can faith save you? If a brother or sister is naked and lacks daily food, and one of you says to them, "Go in peace; keep warm and eat your fill," and yet you do not supply their bodily needs, what is the good of that? So faith by itself, if it has no works, is dead.

Reader Hear what the Spirit is saying to God's people.

People Thanks be to God.

GRADUAL HYMN The Hymnal 1982—#530 Spread, O spread, thou mighty word (*Verses 1 & 5, All stand as able. Music can be found on page 9.*)

PROCLAMATION OF THE GOSPEL Mark (7:24—37)

DeaconThe Holy Gospel of our Lord Jesus Christ, according to Mark.PeopleGlory to you, Lord Christ.

Jesus set out and went away to the region of Tyre. He entered a house and did not want anyone to know he was there. Yet he could not escape notice, but a woman whose little daughter had an unclean spirit immediately heard about him, and she came and bowed down at his feet. Now the woman was a Gentile, of Syrophoenician origin. She begged him to cast the demon out of her daughter. He said to her, "Let the children be fed first, for it is not fair to take the children's food and throw it to the dogs." But she answered him, "Sir, even the dogs under the table eat the children's crumbs." Then he said to her, "For saying that, you may go—the demon has left your daughter." So she went home, found the child lying on the bed, and the demon gone.

Then he returned from the region of Tyre, and went by way of Sidon towards the Sea of Galilee, in the region of the Decapolis. They brought to him a deaf man who had an impediment in his speech; and they begged him to lay his hand on him. He took him aside in private, away from the crowd, and put his fingers into his ears, and he spat and touched his tongue. Then looking up to heaven, he sighed and said to him, "Ephphatha," that is, "Be opened." And immediately his ears were opened, his tongue was released, and he spoke plainly. Then Jesus ordered them to tell no one; but the more he ordered them, the more zealously they proclaimed it. They were astounded beyond measure, saying, "He has done everything well; he even makes the deaf to hear and the mute to speak."

DeaconThe Gospel of the Lord.PeoplePraise to you, Lord Christ.

SERMON The Rev. Mike Ferrito

NICENE CREED All stand as you are able

We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen.

We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father. God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father. Through him all things were made. For us and for our salvation he came down from heaven: by the power of the Holy Spirit he became incarnate from the Virgin Mary, and was made man. For our sake he was crucified under Pontius Pilate; he suffered death and was buried. On the third day he rose again in accordance with the Scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son.
With the Father and the Son he is worshiped and glorified. He has spoken through the prophets.
We believe in one holy catholic and apostolic Church.
We acknowledge one baptism for the forgiveness of sins.
We look for the resurrection of the dead, and the life of the world to come. Amen.

PRAYERS OF THE PEOPLE

Deacon God calls us today to be open to the word and to one another. Let us open ourselves to all the world in prayer saying, Lord in your mercy, **hear our prayer**.

Leader For the whole church we pray especially for Michael, our Presiding Bishop, Sean, our Presiding Bishop-elect, Megan our Bishop, Katie, Mike, Rod, and Jesse our clergy and the people here today. That we may bring God's word of life to all who are in silence, darkness, or despair. Lord in your mercy, **hear our prayer.**

For the world we pray. That nations will come to cooperate for the health and well-being of all, Lord in your mercy, hear our prayer.

For our congregation we pray. That we may grow into the mystery of God's life among and in us, Lord in your mercy, hear our prayer.

For our community we pray. That it might be a place of health, well-being, and personal dignity, we especially pray for Mary, our head of school, for all the staff, teachers and students at St. Michael's Day School and Starr King K-8. Lord in your mercy, **hear our prayer.**

For those suffering in any way we pray, especially for all who have asked for our prayers that they may know the healing power of God's love. For **Barbara**, **Bobbi**, **Mike**, **Sandy**, **Jane**, **Robert**, **Sherry**, **Michael**, **Eileen**, **Sarah**, **Tina**, **Jennifer**, **Jay**, **Mark**, **Mary**, **Kay**, **Hunter**, **and Billie**. Lord in your mercy, hear our prayer.

For all those who suffer from violence in homes and on the street we pray, especially those who were affected by mass shootings: for those who were hurt and for the family and loved ones of those who died. We pray for gun safety in this country. We pray that the will of your people will come together to protect each other rather than hurt each other. Lord in your mercy, **hear our prayer.**

For all mourners we pray. That all who grieve the coming of death may come to know life in the mercy of God. Lord in your mercy, **hear our prayer.**

For what else and whom else shall we pray? (A time of silence is kept.) Lord in your mercy, hear our prayer.

Celebrant Into your mercy, O God, we commend all the needy world, trusting in your almighty power, through your son, Jesus Christ, our Lord. **Amen**.

THE GENERAL CONFESSION

Deacon Let us confess our sins to God.

- PeopleAlmighty God, our heavenly Father:
We have sinned against you,
through our own fault,
in thought, and word, and deed,
and in what we have left undone.
For the sake of your Son our Lord Jesus Christ,
forgive us all our offenses;
and grant that we may serve you
in newness of life,
to the glory of your Name. Amen.
- *Celebrant* Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. **Amen.**

THE PEACE AND OFFERTORY

Celebrant The peace of Christ be always with you.

People And also with you.

WELCOME, ANNOUNCEMENTS, BLESSINGS

OFFERTORY SENTENCE

Celebrant Let us with gladness present the offerings and gifts of our lives and labor to God.

OFFERTORY ANTHEM Ain't Gonna Let Nobody Turn Me Around, arr. Dilworth

PRESENTATION HYMN The Hymnal 1982—#380 Praise God from Whom all Blessings Flow (Verse 3, all stand as you are able. Music can be found on page 10.)

THE GREAT THANKSGIVING

Eucharistic Prayer B, Book of Common Prayer

Celebrant	The Lord be with you.
People	And also with you.
Celebrant	Lift up your hearts.
People	We lift them to the Lord.
Celebrant	Let us give thanks to the Lord our God.
People	It is right to give him thanks and praise.

It is right, and a good and joyful thing, always and everywhere to give thanks to you, Father Almighty, Creator of heaven and earth. For by water and the Holy Spirit you have made us a new people in Jesus Christ our Lord, to show forth your glory in all the world. Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:

THE SANCTUS The Hymnal 1982—#S129 Holy, Holy, Holy Lord (*Please join us, music can be found on page 11.*)

Please kneel or stand as you are able.

We give thanks to you, O God, for the goodness and love which you have made known to us in creation; in the calling of Israel to be your people; in your Word spoken through the prophets; and above all in the Word made flesh, Jesus, your Son. For in these last days you sent him to be incarnate from the Virgin Mary, to be the Savior and Redeemer of the world. In him, you have delivered us from evil, and made us worthy to stand before you. In him, you have brought us out of error into truth, out of sin into righteousness, out of death into life.

On the night before he died for us, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore, according to his command, O Father,

We remember his death, We proclaim his resurrection, We await his coming in glory;

And we offer our sacrifice of praise and thanksgiving to you, O Lord of all; presenting to you, from your creation, this bread and this wine.

We pray you, gracious God, to send your Holy Spirit upon these gifts that they may be the Sacrament of the Body of Christ and his Blood of the new Covenant. Unite us to your Son in his sacrifice, that we may be acceptable through him, being sanctified by the Holy Spirit. In the fullness of time, put all things in subjection under your Christ, and bring us to that heavenly country where, with Michael, the Archangel, all angels, and all your saints, we may enter the everlasting heritage of your sons and daughters; through Jesus Christ our Lord, the firstborn of all creation, the head of the Church, and the author of our salvation.

By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and for ever. **Amen**.

And now, as our Savior Christ has taught us, we are bold to say,

Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread, And forgive us our trespasses, as we forgive those who trespass against us.

And lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.

THE BREAKING OF BREAD and THE INVITATION

The Hymnal 1982—#155 The Holy Eucharist, Fraction Anthem: Christ our Passover (*Please join us, music can be found on page 12.*)

SPIRITUAL COMMUNION PRAYER *

Celebrant For those who cannot be here physically to receive the body and blood of Jesus Christ let us invite the Lord Jesus through this prayer for spiritual communion:

In union, O Lord, with the faithful at every altar of your Church where the Holy Eucharist is celebrated, I desire to offer you praise and thanksgiving. I present to you my soul and body with the earnest wish that I may always be united to you, and, since I cannot now receive you sacramentally, I beseech you to come spiritually into my heart. I unite myself with you, and embrace you with all the love of my soul. Let nothing ever separate you from me. May I live in you, and may you live in me, both in this life and in the life to come. **Amen.**

Celebrant This is the table of the Lord. It is made ready for those who want to know and love Christ, all are invited to come and meet Jesus here. The Gifts of God for the people of God.

COMMUNION ANTHEM Amazing Grace, arr. Proulx

Sharon Gulliford, flute

POST COMMUNION PRAYER *Kneel or stand as you are able.*

Celebrant Together, let us pray.

Almighty and everliving God, we thank you for feeding us with the spiritual food of the most precious Body and Blood of your Son our Savior Jesus Christ; and for assuring us in these holy mysteries that we are living members of the Body of your Son, and heirs of your eternal kingdom. And now, Father, send us out to do the work you have given us to do, to love and serve you as faithful witnesses of Christ our Lord. To him, to you, and to the Holy Spirit, be honor and glory, now and for ever. Amen.

THE BLESSING

Life is short and we do not have too much time to gladden the hearts of those who travel the way with us, so be swift to love and make haste to be kind. And may the Divine Mystery—who is beyond our ability to know—the one who made you, the one who loves you, and the one who travels the way with you, The Father, The Son, and The Holy Spirit, bless you and keep you in peace. **Amen**.

CLOSING HYMN The Hymnal 1982—#567 Thine Arm, O Lord, in Days of Old (*Please join us, music can be found on page 13.*)

DeaconAlleluia, Alleluia. Let us go into the world to love and serve Christ!PeopleThanks be to God. Alleluia, Alleluia.

POSTLUDE Toccata by D. Wagner

*Julian of Norwich Liturgy

OPENING HYMN The Hymnal 1982-#371 Thou, Whose Almighty Word

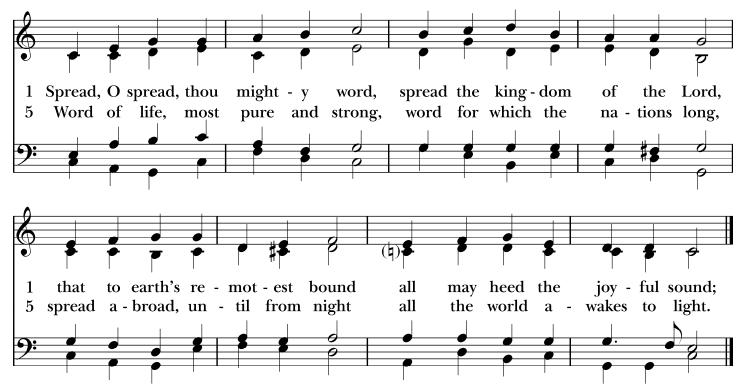


Words: John Marriott (1780-1825), alt. Music: *Moscow*, Felice de Giardini (1716-1796); harm. *The New Hymnal*, 1916, based on *Hymns Ancient and Modern*, 1875, and Lowell Mason (1792-1872).



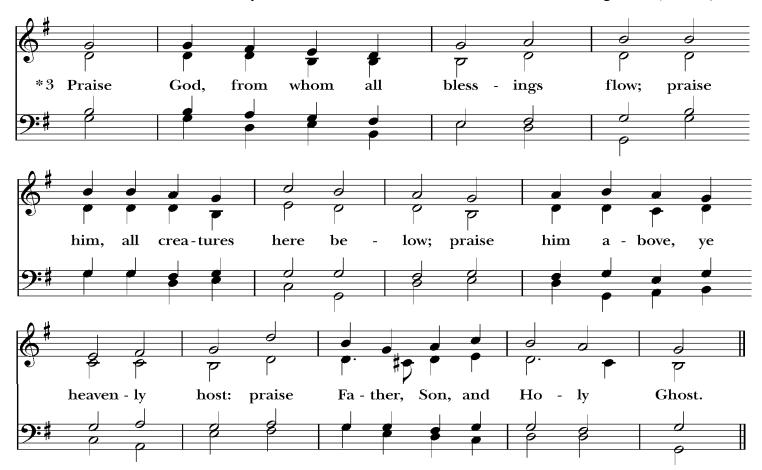
HYMN OF PRAISE The Hymnal 1982, Service Music-#S280 Canticle 20, Glory to God

GRADUAL HYMN The Hymnal 1982—#530 Spread, O spread, thou mighty word (Verses 1 & 5)



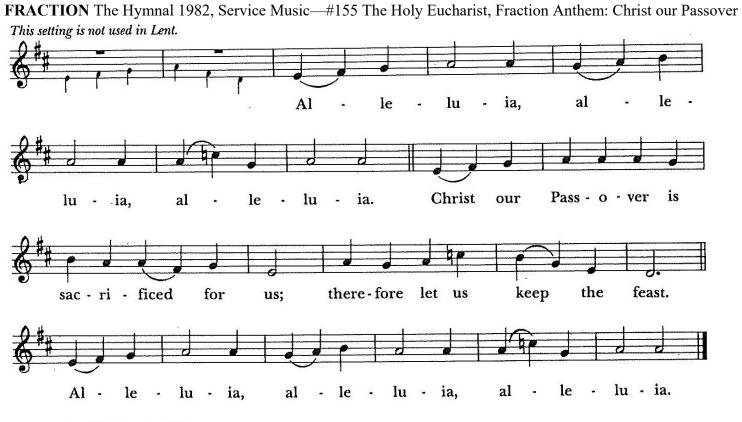
Words: Jonathan Friedrich Bahnmaier (1774-1841); tr. Arthur William Farlander (1898-1952) and Charles Winfred Douglas (1867-1944), alt. St. 4, F. Bland Tucker (1895-1984). Copyright © The Church Pension Fund. Music: *Gott sei Dank*, melody from *Geistreiches Gesangbuch*, 1704; adapt. and harm. William Henry Havergel (1793-1870).

PRESENTATION HYMN The Hymnal 1982—#380 Praise God from Whom all Blessings Flow (Verse 3)



SANCTUS The Hymnal 1982—#S129 Holy, holy, holy Lord Lord, God Ho - ly, ho - ly, ho ly pow-er and \mathbf{of} 3-Г - 3 --0 0 0 might, hea - ven and earth are full $\quad of \quad$ your glo - ry. Ho -- 3 -0. is who in the high - est. Bless - ed he san na **___** -3-- 3 -Ò comes in the name of the Lord. Ho - san - na in the high - est._

Music: Robert Powell (b. 1932). Setting: Copyright © Church Publishing Inc.



Setting: Gerald R. Near (b. 1942)

CLOSING HYMN The Hymnal—#567 Thine arm, O Lord, in days of old



Words: Edward Hayes Plumptre (1821-1891), alt. Music: St. Matthew, from Supplement to the New Version of Psalms by Dr. Brady and Mr. Tate, 1708.

Announcements

Worship

10am Sunday Morning Worship Eucharist & Choir Nursery opens at 9:30am

5pm Sunday Contemplative Service on Zoom **9am Morning Prayer** – Zoom, Monday—Thursday **8:30am Friday Morning Contemplative Eucharist**

Choir news! Today is their first Sunday back from summer break. They rehearse on Thursdays at 6:30pm to 8pm in the sanctuary. If you are interested in joining the choir, please contact John Cozza.

Transitions

Join St. Michael's Rector Search Committee!

One of the next steps of finding a new rector is selecting a search committee of 7 - 10 parishioners who are representative of a cross section of the congregation, skilled in interviewing and possessing the insight needed to select someone who can be successful at St. Michael's. The Search Committee begins its work as the Parish Profile Committee finalizes the Profile. If you are interested in joining the Search Committee, please email Suzanne Phinney or call the office at 916-488-3550 for an application.

Gratitude for God's Grace

Bridging the Future with Continuing Generosity

Ingathering Lunch Sunday, September 29th

Mark your calendars for our ingathering lunch on Sunday, September 29th after the 10am service to celebrate our stewardship and the Feast of St. Michael. Along with lunch there will be a presentation of the CAT Survey results.

St. Michael's Serves

River City Food Bank—Empty Bowls

Thursday, September 19, 2024 6pm – 9pm at the Sacramento Zoo River City Food Bank (RCFB) is thrilled to be hosting their 21st Empty Bowls! As RCFB's only major fundraiser, Empty Bowls provides critical operating support to purchase and distribute healthy food to anyone experiencing food insecurity in Sacramento County. **Tickets are available on their website!**

Regular Outreach opportunities

River City Food Bank Center at St. Matthew's -Distribution Prep every Tuesday, Wednesday, Thursday & Friday & Distribution every Wednesday & Friday

Carmichael HART Carmichael Presbyterian Church -Lunch program every Thursday & the Shower Ministry every Saturday

God's Helping Hands Laundry LaunderLand every 3rd Saturday of the month

St. Michael's Youth Connection

Godly Play kicks off today, September 8th!

Godly Play kicks off this Sunday during the 10am worship. All students from ages 3 years to the 5th grade are welcome to join our Godly play leaders for a time of learning and hands on engagement of stories. Check in is in the Parish Hall. Students return to worship before communion. Please contact Pr. Katie with any questions and check out our website for more info about Godly Play! Nursery opens every Sunday for children ages 0-4.

St. Michael's Learns & Connects

Getting to know you AND ...

Getting to know St. Michael's!

Are you new to St. Michael's and looking for more information about us and what we do? **Please** join us **September 22**, all are invited! We will gather at **11:45am in the Friendship Center** for a time where we will get to know St Michaels Church, and get to know all of you a bit better as well! We will have a conversation about who we are as a congregation, ways to get involved, and upcoming events. This is a great way for folks who are new (and not so new) to come together in conversation and learning. For any questions please contact Father Rod.

Sacred Circle Meets the last Wednesday of every month at 6pm via zoom. For more information please contact Kate Muris.

St. Michael's Blood Drive—Sunday September 15 11am—2:30pm in Johnstone Hall. Appointments are strongly encouraged. See the bulletin board for the flyer.

Office Cleaning

The Church Office will be closed for cleaning beginning Monday September 16 through Friday September 20. We will still be checking voicemail and emails during this time.

Additional details on the announcements can be found in this week's Messenger and on our website.

Serving Today

Pastor Katie Holeman Celebrant The Rev. Mike Ferrito Preacher The Rev. Rodney Davis Deacon Sue Corbin, Sr. Tina Francesca, Harriet Wharton Altar Guild Connie Weichert & Virginia Henry Flowers Sr. Tina Francesca & Logan Holeman Acolytes Marilyn McEntyre, Jennifer Franz & Mary Ellen Ferguson Readers Ann Hall, Harriet Wharton & Jan Bowdler Eucharistic Ministers Hunter McIntyre, Barbara McIntyre & Jay Bowdler Ushers Lee Ranes Greeter St. Michael's Chancel Choir John Cozza Music Director Coffee Hour Host Dawn & Tyson Wright and Mary Ellen Ferguson

Sunday September 8—The Sixteenth Sunday after Pentecost Holy Eucharist 10am with Choir & Livestream Godly Play 10am Coffee Hour 11:15am Parish Hall Contemplative Prayer Service 5pm Zoom **Monday September 9** Morning Prayer 9am Zoom **Tuesday September 10** Morning Prayer 9am Zoom Staff Meeting 9:30am Parish Hall EfM 6:30pm Zoom Wednesday September 11 Morning Prayer 9am Zoom **Thursday September 12** Morning Prayer 9am Zoom Choir Rehearsal 6:30pm Friday September 13 Morning Eucharist 8:30am Sunday September 15—The Seventeenth Sunday after Pentecost Holy Eucharist 10am with Choir & Livestream Godly Play 10am Vitalant Blood Drive 11am Johnstone Hall Coffee Hour 11:15am Parish Hall Contemplative Prayer Service 5pm Zoom



2140 Mission Ave. Carmichael, CA. 95608 916.488.3550 Stmichaelscarmichael.org St.michaels@stmichaelscarmichael.org

SAVE THE DATE

Sunday September 29th Ingathering Sunday

Sunday October 6th Feast of St. Francis & Blessing of the Animals

Thursday October 31st St. Michael's Trunk or Treat

CLERGY, STAFF & VOLUNTEERS

The Rt. Rev. Megan Traquair Bishop, Episcopal Diocese of Northern California Pastor Katie Holeman Assisting Priest The Rev. Rodney Davis Associate Priest The Rev. Jesse Vaughan Associate Priest The Rev. Mike Ferrito Associate Priest Andy Chamness Sexton John Cozza Music Director Michelle Falcy Parish Administrator Jack Cozza Videographer John Quené Treasurer Kate Muris Bookkeeper Diane Gilmore, Diane Rehrer-Salisbury, Sr. Tina Francesca Ferriot, Eileen Thomas, Sue Corbin, Karen Christie, Renée Pierce, Mary Ellen Ferguson Office Volunteers

VESTRY

Rick Larkey Senior Warden Tammy Murray Junior Warden Chris Chamness Clerk Sue Davis Member Doug Davy Member Greg Dewey Member Mary Ellen Ferguson Member Mary Kessler Member Suzanne Phinney Member Renée Pierce Member Jane Samuelson Member Dawn Wright Member

Constance Weichert Music Director Emeritus